

Services for Children with Suspected Autism Spectrum Disorder Enrolled in Medicaid in Washington, DC

The following clinical information was pulled from DC Collaborative for Mental Health in Pediatric Primary Care's Child and Adolescent Community Mental Health Resource Guide. Information was collected between September and November 2019 to determine which, if any, of the DC Medicaid plans each clinic accepts. While this list is comprehensive, it is not exhaustive. Clinics that solely accept private plans or do not accept insurance were not included in this list. The information presented below is subject to change so providers are encouraged to consult the full online Mental Health Resource Guide which is updated on a quarterly basis and is accessible on DC HealthCheck:

<https://www.dchealthcheck.net/resources/healthcheck/mental-health-guide.html>

Diagnostic Evaluations for Children with DC Medicaid

Clinic Name, Institution, location	Ages Served	Medicaid Plans Accepted	Medicaid Plans <u>Not</u> Accepted	Wait Times (as of November 2019)
Autism and Communications Disorders Clinic, Medstar Georgetown Northwest, DC	0-18 yrs	AmeriHealth FFS Medicaid HSCSN	Amerigroup Trusted	6 months
Autism Spectrum Center, Mt. Washington Pediatric Hospital, Prince George County location (only this location accepts FFS)	0-17 yrs	FFS Medicaid	AmeriHealth Amerigroup HSCSN Trusted	Ages 0-3: 6 months Ages 4+: 3-6 months
Center for Autism Spectrum Disorders (CASD), Children's National Hospital Rockville, MD	0-21yrs	AmeriHealth HSCSN	Amerigroup Trusted FFS Medicaid	Wait times vary: <u>Diagnostic Evaluations:</u> Ages 0-5: < 6 months Ages 6+: 9-12 months <u>Neuropsychological evaluation:</u> Preschool/kindergarten: ~9 months School aged: ~ 18 months
Child Development Clinic, Children's National Hospital Northwest, DC	0-3 yrs	AmeriHealth Amerigroup FFS Medicaid HSCSN Trusted	N/A	2-3 months
DC Autism Evaluation Clinic,	0-21 yrs	AmeriHealth Amerigroup	N/A	2 months

Children's National Hospital Northwest, DC		FFS Medicaid HSCSN Trusted		
Developmental and Behavioral Clinic, HSC Health Care System Northeast, DC	0-21 yrs	AmeriHealth Amerigroup HSCSN Trusted	FFS	9 months
Neurodevelopmental Pediatrics, Children's National Hospital Northwest, DC, Maryland (Annapolis, Friendships Heights & Howard, Lauren, Montgomery counties)	0-21 yrs	AmeriHealth Amerigroup FFS Medicaid HSCSN Trusted	N/A	3-6 months

Applied Behavior Analysis (ABA) Providers That Accept DC Medicaid

Clinic Name, location	Ages Served	Medicaid Plans Accepted	Medicaid Plans <u>Not</u> Accepted	Wait Times (as of December 2019)
BASICS ABA Therapy, LLC Washington, DC	2-20+ yrs	HSCSN AmeriHealth Amerigroup	Trusted FFS	<u>Daytime appointments:</u> No wait <u>Afternoon appointments:</u> 12-18 months
Behavioral & Educational Solutions, P.C. Silver Spring, MD	2yrs+	Amerigroup AmeriHealth HSCSN Trusted	FFS	<u>Daytime appointments:</u> 1-2 weeks <u>Afternoon appointments:</u> 3 months
Capital ABA Washington, DC	18 mos+	HSCSN	Amerigroup AmeriHealth Trusted FFS	Availability varies by time of day and location. Younger children have more openings. Older children have several months wait or are told they cannot be seen.
Connections Therapy Center Lanham, MD	Infant-21yrs	HSCSN AmeriHealth (not taking new AmeriHealth clients)	Amerigroup Trusted FFS	1-2 weeks

Developmental and Behavioral Clinic, HSC Health Care System Northeast, DC	0-21yrs	Amerigroup HSCSN	AmeriHealth Trusted FFS	<u>Daytime appointments:</u> 1 month <u>Afternoon appointments:</u> ~6 months
Early Autism Solutions (EAS)	18mo-12yrs	HSCSN FFS	Amerigroup AmeriHealth Trusted	1-2 weeks
J & C Behavioral Therapy, LLC Alexandria, VA	1.5-12 yrs	AmeriHealth HSCSN	Amerigroup Trusted FFS	2 weeks
Jacob's Promise Silver Spring, MD	6mo-13yrs	HSCSN AmeriHealth (for <3yrs)	Amerigroup Trusted FFS	6 months
Learning Together, LLC	0-21 yrs	HSCSN FFS	Amerigroup AmeriHealth Trusted	<u>Daytime appointments:</u> No wait <u>Afternoon appointments:</u> 3-6 months
Little Leaves Various locations in DC, VA, MD	Home and community: 18mo-12yrs Center based services: 1-6 yrs	HSCSN	Amerigroup AmeriHealth Trusted FFS	<u>Center-based services</u> - Germantown, MD: No wait - Silver Spring, MD: 3-4 months - Reston, VA: 3-4 months <u>Home based services</u> - Case-by-case, depends on family's availability
National Speech Language Therapy Center Washington, DC	18mo- 26 yrs	HSCSN AmeriHealth Amerigroup Trusted	FFS	<u>Daytime appointments:</u> 2-4 months <u>Afternoon appointments:</u> 1 year+
SPARKS Springfield, VA	20mo-26 yrs	HSCSN	Amerigroup AmeriHealth Trusted FFS	<u>Daytime appointments:</u> immediate availability (NW DC has several month wait) <u>Afternoon appointments:</u> 4-6 months

Select Autism Resources

Autism Screeners

- **Open source**
 - CSBS Checklist (6-24 months; <http://www.autismalert.org/uploads/PDF/SCREENING--DEVELOPMENTAL%20DELAY%20&%20AUTISM--CCBS%20DP%20Infant-Toddler%20Checklist.pdf>)
 - MCHAT-R/F (16-30 months; <https://mchatscreen.com/mchat-rf/>)
 - AQ (4 years to adult; https://www.autismresearchcentre.com/arc_tests)
- **For purchase**
 - SCQ lifetime (age 4+, 5-10 minutes)
 - STAT (requires training)

Autism Assessment Resources

- Oregon Center for Children and Youth with Special Health Needs (OCCYSHN) at Oregon Health & Science University, Assuring Comprehensive Care through Enhanced Service Systems for Children with Autism Spectrum Disorders and other Development Disabilities Project.
<https://www.ohsu.edu/xd/outreach/occyshn/programs-projects/comm-based-asd-identification.cfm>
- Autism Mental Status Examination: <http://autismmentalstatusexam.com/>
- CDC Autism video glossary <https://www.cdc.gov/ncbddd/actearly/autism/video/module1.html>
- FSU Autism video glossary
<https://resources.autismnavigator.com/asdglossary/#/section/43/gettingStarted>
- Missouri Autism Guidelines Initiative <https://autismguidelines.dmh.mo.gov/pdf/Guidelines.pdf>

Summaries of Evidence-Based Interventions

- Association for Science in Autism Treatment: asatonline.org
- CDC: www.cdc.gov/ncbddd/autism/treatment.html
- UNC education modules for paraprofessionals: afirm.fpg.unc.edu/afirm-modules
- Autism Science Foundation: autismsciencefoundation.org/what-is-autism/treatment-options/

Directories of Providers

- Autism Speaks Resource Locator: <https://www.autismspeaks.org/directory>
- Autism Society of America Autism Source: <http://source.autism-society.org/autismsource>
- DC Child & Adolescent Mental Health Resource Guide:
www.dchealthcheck.net/resources/healthcheck/mental-health-guide.html/
- Pathfinders for Autism: www.pathfindersforautism.org/



Medicaid Waiver Applications

- DC : Katie Beckett (<http://www.ssa.gov/applyfordisability/child.htm> and <http://dhs.dc.gov/service/apply-benefits>)
- MD: Autism Waiver (<https://mmcp.health.maryland.gov/waiverprograms/Documents/Autism%20Waiver%20Fact%20Sheet.pdf>; 1-866-417-3480)
- VA: Family and Individual Supports (FIS) Waiver (<http://www.dmas.virginia.gov/files/links/624/FIS%20Waiver%20Fact%20Sheet%202018.pdf>; 804-726-7000)

Select Books and Websites

- Baby Navigator and Autism Navigator: babynavigator.com, autismnavigator.com
- Autism Speaks https://www.autismspeaks.org/sites/default/files/100_Day_Tool_Kit_Young_Children.pdf
- Neurodivergent Narwhal (fact sheet) neurodiversitylibrary.org/neurodivergent-narwhals/
- Autistic Self Advocacy Network (fact sheets) www.autismacceptancemonth.com/wp-content/uploads/2014/03/AAM-What-Is-Autism.pdf
- Sesame Street autism.sesamestreet.org/
- Books about strengths and role models (*I Am Utterly Unique, Different Like Me*)

Dating, Puberty, and Sexuality

- Danya International *Charting the Course*: www.danya.com/autism_pdfs/STAR%20Charting%20the%20Course%20Parent%20Guide.pdf

Legal/ Advocacy Support

- DC: Children's Law Center, DC Office of the Ombudsman for Public Education, Quality Trust
- MD: Disability Rights MD
- VA: Disability Law Center of Virginia
- IEP request letter form letter: https://www.kennedykrieger.org/sites/default/files/library/documents/community/maryland-center-for-developmental-disabilities-mcdd/project-heal/resources-for-parents/project-heal-sample_letter_requesting_evaluation.pdf

Parent Support Groups

DC

- DC Autism Parents (DCAP) <http://www.dcautismparents.org>



- Family Ties of DC <http://www.aje-dc.org/parent-to-parent/>

MD

- Autism Society of America (ASA) Montgomery County Chapter www.autismmontgomerycounty.org/
- Autism Spectrum Support Group of Southern Maryland <http://autismsupport-somd.org/>
- Howard County Autism Society www.howard-autism.org
- Pathfinders for Autism –All Maryland www.pathfindersforautism.org
- Partnership for Extraordinary Minds (xMinds) - Montgomery County www.xminds.org
- One World Center for Autism (OWCA) - Prince George's County www.worldforautism.org
- Parent to Parent Maryland <http://www.thearcmd.org/programs/parent-to-parent-maryland/>

VA

- Autism Society of Northern Virginia (ASNV) <http://www.asnv.org/>
- Parents of Autistic Children of Northern Virginia (POAC-NoVA) <http://www.poac-nova.org>
- Parent to Parent of Virginia <https://ptpofva.wordpress.com/>

Parent Training and Information (PTI) Centers

Funded under the Individuals with Disabilities in Education Act (IDEA). Goal is to support families of children birth-22 with disabilities by providing free information to maximize their child's education

- DC: Advocates for Justice & Education <http://www.aje-dc.org/>
- MD: Parent's Place of Maryland <https://www.ppmmd.org/>
- VA: Parent Educational Advocacy Training Center (PEATC) <http://www.peatc.org/>

Respite Care

- Health Services for Children with Special Needs (HSCSN) - in DC
- Easter Seals - check with local organizations
- The ARC - check with local organizations

Safety

- Autism Speaks Safety Project: www.autismspeaks.org/autism-safety-project
- MedicAlert bracelet
- Angel Sense GPS device
- Free elopement prevention kit: nationalautismassociation.org/big-red-safety-box/



- Establish relationships with local emergency responders (e.g. Project Lifesaver in Montgomery County, MD).
- Call mental health crisis line rather than 911 when possible for agitation; always mention autism when calling 911.

Spanish Language Resources

- Aprenda los signos. Reaccione pronto.
<https://www.cdc.gov/ncbddd/spanish/actearly/index.html>
- Sesame Street y el Autismo: Ver lo maravilloso en todos los niños
<https://autism.sesamestreet.org/acerca-de-esta-iniciativa/>
- OAR Serie De Guías <https://researchautism.org/how-we-help/families/spanish-language-resources/>
- El Autism Society: Informacion General Sobre El Autismo <https://www.autism-society.org/en-espanol/>
- Autism Speaks: Recursos en español <https://www.autismspeaks.org/espanol>
- AAP Autism Toolkit fact sheets in Spanish

Sibling Support

Organizations

- Sibstrong <https://www.sibstrong.org/>
- DC Sibs <https://www.facebook.com/dcsibs>
- Maryland Sibling Network <https://www.facebook.com/MarylandSiblingNetwork>
- Virginia is for Siblings <http://www.vasibs.org/>

Materials

- Autism Science Foundation: autismsciencefoundation.org/resources/resources-for-families/support-for-parents-and-siblings/
- Neurodivergent narwhal:
neurodiversitylibrary.files.wordpress.com/2017/12/autismandsiblings.pdf

Transition to Adulthood

- LifeCourse Toolkit: www.lifecoursetools.com
- Got Transition™/The National Alliance to Advance Adolescent Health: www.gottransition.org
- Accessible College: www.accessiblecollege.com
- National Technical Assistance Center on Transition: www.transitionta.org



- National Resource Center for Supported Decision Making: www.supporteddecisionmaking.org

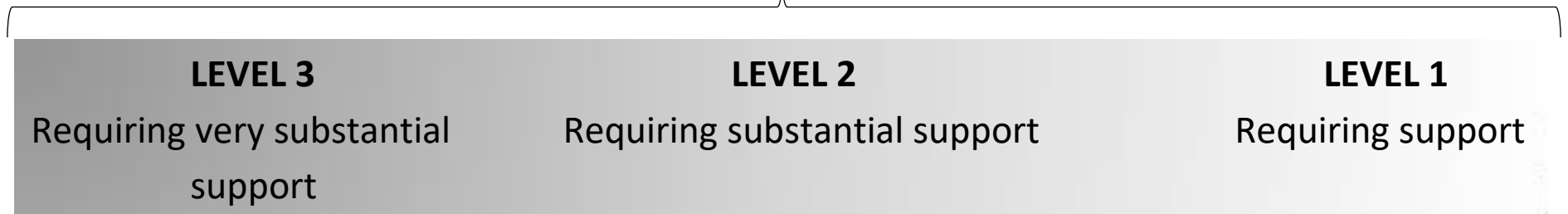
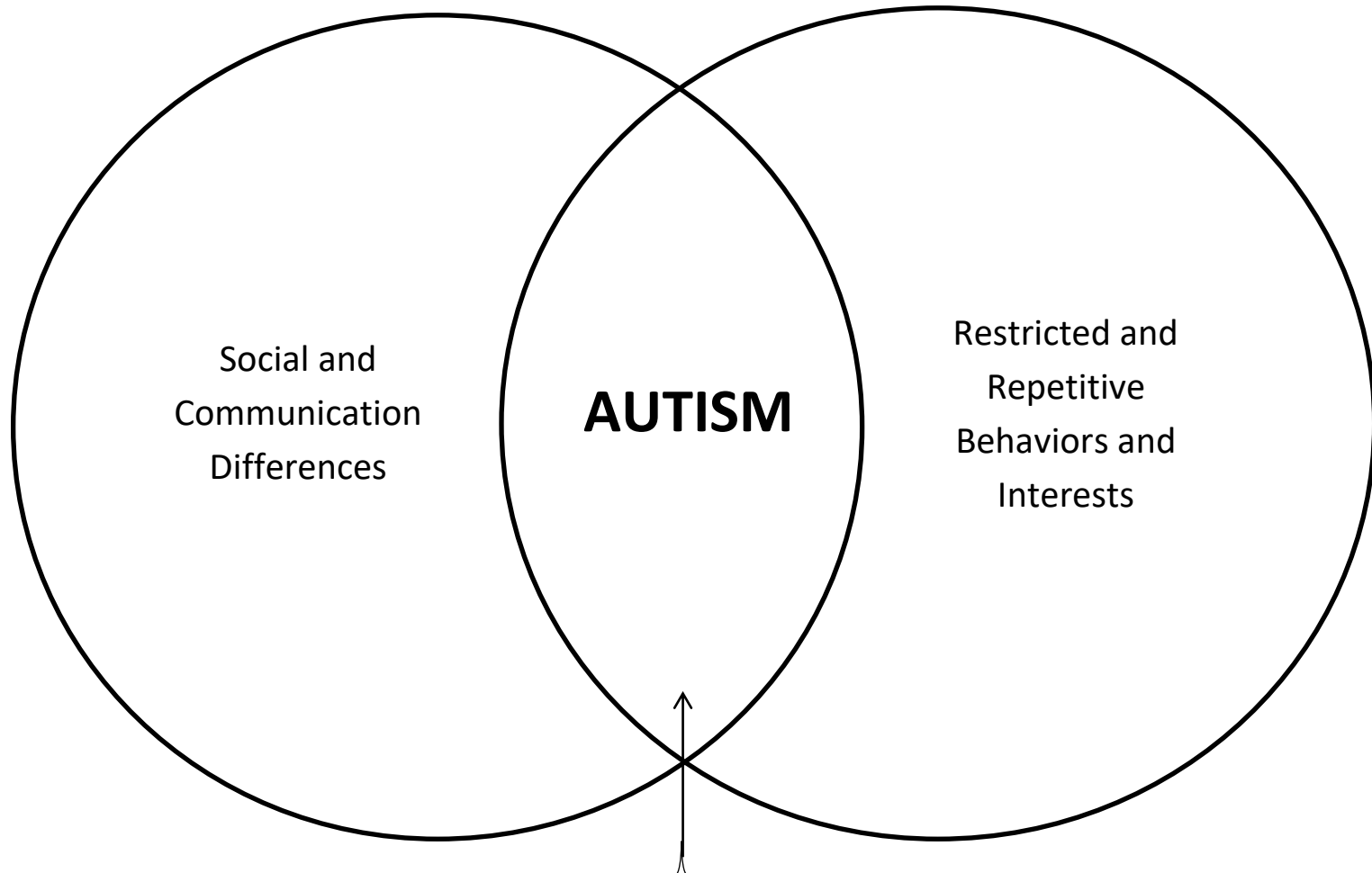
Visual Supports for Medical Procedures

- Children's National Hospital Beyond the Spectrum
<https://childrensnational.org/departments/center-for-neuroscience-and-behavioral-medicine/programs-and-services/center-for-autism-spectrum-disorders/beyond-the-spectrum/visual-supports-and-resources>
- Boston Medical Center Autism Friendly Initiative <https://www.bmc.org/visiting-us/autism-friendly-initiative>
- Oregon Office of Disability and Health: Taking Charge of My Health Care
<https://www.ohsu.edu/oregon-office-on-disability-and-health/taking-charge-my-health-care>

Compiled by:

- Yetta Myrick – Parent, Community Engagement and ECHO Autism Manager, Children's National Hospital Center for Autism Spectrum Disorders
 - Kelly Register-Brown, MD, MSc - Child and Adolescent Psychiatrist, Medical Director, Children's National Hospital Center for Autism Spectrum Disorders
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PARENT/CAREGIVER ADDRESS

CITY, STATE, ZIP CODE

DATE

NAME OF SCHOOL

ADDRESS OF SCHOOL

CITY, STATE, ZIP CODE

Re: Request and consent for an IEP evaluation for my child

Dear Principal:

I am the parent/guardian of _____ (_____) who is a _____ grader at
NAME OF STUDENT DATE OF BIRTH GRADE

your school. I am writing to ask for a special education evaluation for my child. My child is not doing well in school, and I believe this may be due to a disability. I believe my child may need special services at school in order to learn. This letter serves as my request and my consent for my child to be evaluated.

Please contact me at _____ to schedule an Individualized Education Program (IEP) meeting.
PHONE NUMBER

The best time to reach me is _____.
TIME OF DAY

Sincerely,

PARENT/CAREGIVER SIGNATURE

PARENT/CAREGIVER PRINTED NAME

RECEIVED BY:

SCHOOL OFFICIAL NAME

SCHOOL OFFICIAL SIGNATURE

DATE

School official, please provide a copy of this letter to the parent/caregiver.