FYI, without birth control, over 90 in 100 young women get pregnant in a year.

What is your chance of getting pregnant?

HOW WELL DOES BIRTH CONTROL WORK?

Really, really well
- The Implant (Nexplanon)
- IUD (Skyla)
- IUD (Mirena)
- IUD (ParaGard)
- Sterilization, for men and women

Less than 1 in 100 women

O.K.
- The Pill
- The Patch
- The Ring
- The Shot (Depo-Provera)

6-9 in 100 women, depending on method

Not as well
- Pulling Out
- Fertility Awareness
- Diaphragm
- Condoms, for men or women

12-24 in 100 women, depending on method

For each of these methods to work, you or your partner have to use it every single time you have sex.

For it to work best, use it...
- Every week
- Every month
- Every 3 months

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# OOPS! EMERGENCY CONTRACEPTION: BIRTH CONTROL THAT WORKS AFTER SEX

<table>
<thead>
<tr>
<th>Types of emergency contraception</th>
<th>How well does it work?</th>
<th>How soon do I have to use it?</th>
<th>How do I use it?</th>
<th>Where can I get it?</th>
</tr>
</thead>
<tbody>
<tr>
<td>ParaGard IUD</td>
<td>Almost 100% effective</td>
<td>Within 5 days</td>
<td>It’s placed in the uterus by a doctor or nurse</td>
<td>From a doctor, nurse, or at a clinic</td>
</tr>
<tr>
<td>Ella</td>
<td></td>
<td></td>
<td>Say it’s for EC so you are scheduled quickly.</td>
<td></td>
</tr>
<tr>
<td>Plan B One-Step or a generic</td>
<td></td>
<td></td>
<td>Remember to use it every time you have unprotected sex.</td>
<td>At a pharmacy, no prescription needed</td>
</tr>
</tbody>
</table>

For more information, check out not-2-late.org