

Adolescent and Young Adult Medicine
Modified Specialty Care Referral Guidelines for COVID-19 Epidemic
3/24/2020

In alignment with other divisions offering subspecialty ambulatory care at Children's National, the Division of Adolescent Medicine is deferring face-to-face, non-urgent patient care until further notice. All specialty Adolescent Medicine care is available by video telehealth. We continue to see new consults, including face-to-face care, as determined by clinical necessity. Peer-to-peer-consultation is always available and currently recommended for new consults.

The following clinics offer video visits:

Eating Disorders Clinic @ Friendship Heights ROC

- Telehealth services available include medical follow up, consultation with ED dietician, follow up with psychology, psychiatry, or with the family-based treatment (FBT) therapist

Youth PRIDE Clinic @ Adolescent Health Center (AHC, main campus)

- Telehealth services available include gender health services including medical management, individual therapy or behavioral health evaluation.

Sports Medicine Clinic @ Adolescent Health Center (AHC, main campus), DC School Based Health Centers at Ballou HS, Coolidge HS, Dunbar HS

- Telehealth services are available for follow up of established patients or following initial evaluation in the Children's National Emergency Room for a sports medicine injury
- Face-to-face visits are available at Adolescent Health Center only

General Adolescent Medicine Consult Care @ AHC (main campus), THEARC and Anacostia CHCs, Montgomery County ROC

- Reproductive health – Video consultation is available for gynecologic complaints or contraception counseling/management. LARC (Long Acting Reversible Contraception) insertion or removal procedures (i.e., Nexplanon and IUDs) are deferred until further notice. Pre-procedure counseling, bridge contraception, or general contraceptive counseling is offered by video telehealth for patients interested in these contraceptive methods.
- Sexual Health – Video consultation is available for Sexually Transmitted Infections (STI) management, HIV Pre- or Post-Exposure Prophylaxis
- Face-to-face visits are available only at AHC or the Montgomery County ROC

Contact Information

- Questions regarding with non-Urgent consultation: Angela Ellis; Tel 202-476-2178, Fax 202-476-3630
- Peer-to-peer consultation (referring providers only, not a patient access line): 202-476-4880, ask for Adolescent Medicine, Outpatient Consults