

Here are a random smatter of **Journal Articles**<sup>1,2 3 4-9</sup>, **Books**<sup>10-18</sup>, **News Articles** and **Podcasts**<sup>19-22</sup> that discuss race, racism, or racism-related topics. Enjoy! ~Drs. Heard & Heard-Garris

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3. Serafini K, Coyer C, Speights JB, et al. Racism as Experienced by Physicians of Color in the Health Care Setting. *Family Medicine*. doi:10.22454/FamMed.2020.384384
4. Jindal M, Heard-Garris N, Empey A, Perrin EC, Zuckerman KE, Johnson TJ. Getting “Our House” in Order: Re-building Academic Pediatrics by Dismantling the Anti-Black Racist Foundation. *Acad Pediatr*. Published online September 3, 2020. doi:10.1016/j.acap.2020.08.019
5. Maroney T, Zuckerman B. “The Talk,” Physician Version: Special Considerations for African American, Male Adolescents. *Pediatrics*. 2018;141(2). doi:10.1542/peds.2017-1462
6. Paradies Y, Ben J, Denson N, et al. Racism as a Determinant of Health: A Systematic Review and Meta-Analysis. *PLoS One*. 2015;10(9):e0138511. doi:10.1371/journal.pone.0138511
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8. Hicken MT, Lee H, Ailshire J, Burgard SA, Williams DR. “Every shut eye, ain’t sleep”: The role of racism-related vigilance in racial/ethnic disparities in sleep difficulty. *Race Soc Probl*. 2013;5(2):100-112. doi:10.1007/s12552-013-9095-9
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10. Wellman DT. *Portraits of White Racism*. 2 edition. Cambridge University Press; 1993.
11. Anti-Racist Reading List from Ibram X. Kendi - Chicago Public Library. BiblioCommons. Accessed September 17, 2020. <https://chipublib.bibliocommons.com/list/share/204842963/1357692923>
12. Alexander M. *The New Jim Crow: Mass Incarceration in the Age of Colorblindness*. Anniversary Edition. The New Press; 2020.
13. 14 Antiracist Books for Kids and Teens Recommended by BIPOC Teachers and Librarians. *The New York Times*. <https://www.nytimes.com/wirecutter/reviews/antiracist-books-for-kids-and-teens/>. Published June 18, 2020. Accessed September 17, 2020.
14. Rothstein R. *The Color of Law: A Forgotten History of How Our Government Segregated America*. Reprint Edition. Liveright; 2018.

15. DiAngelo R, Dyson ME. *White Fragility: Why It's So Hard for White People to Talk About Racism*. Reprint Edition. Beacon Press; 2018.
16. Washington HA. *Medical Apartheid: The Dark History of Medical Experimentation on Black Americans from Colonial Times to the Present*. Illustrated Edition. Anchor; 2008.
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18. Oluo I. *So You Want to Talk About Race*. Illustrated Edition. Seal Press; 2019.
19. 5 Podcasts To Listen To If You Really Want To Know About Race In America. Accessed September 17, 2020. <https://www.wbur.org/artery/2020/06/05/podcasts-to-listen-to-about-race-america>
20. This List Of Books, Films And Podcasts About Racism Is A Start, Not A Panacea. NPR.org. Accessed September 17, 2020. <https://www.npr.org/sections/codeswitch/2020/06/06/871023438/this-list-of-books-films-and-podcasts-about-racism-is-a-start-not-a-panacea>
21. Vincenty S. 12 Entertaining, Eye-Opening Podcasts About Race in America. Oprah Magazine. Published June 4, 2020. Accessed September 17, 2020. <https://www.oprahmag.com/entertainment/g32755790/podcasts-about-race-racism/>
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