



Thank you for joining!  
We will begin our session at 8 a.m.



This year's Business of Pediatrics program is hosted by

# Pediatric Health Network



*Transforming the health of our region's children through coordinated and collaborative care among pediatric primary care, specialists, hospitals and community partners.*

# Mission

**Improve quality of care**, including the promotion of best practices and evidence-based approaches to increase quality and reduce variability of care across the provider network,

**Improve patient satisfaction** through engagement with patients and families,

**Manage cost while demonstrating value** by prioritizing initiatives that achieve the right care in the right place at the right time, and

**Elevate provider and care team experience** through provider, practice and network infrastructure resources and support across the continuum of care.



# Self-care Isn't Selfish: Using Stress Management Techniques to Help You Perform at Your Best

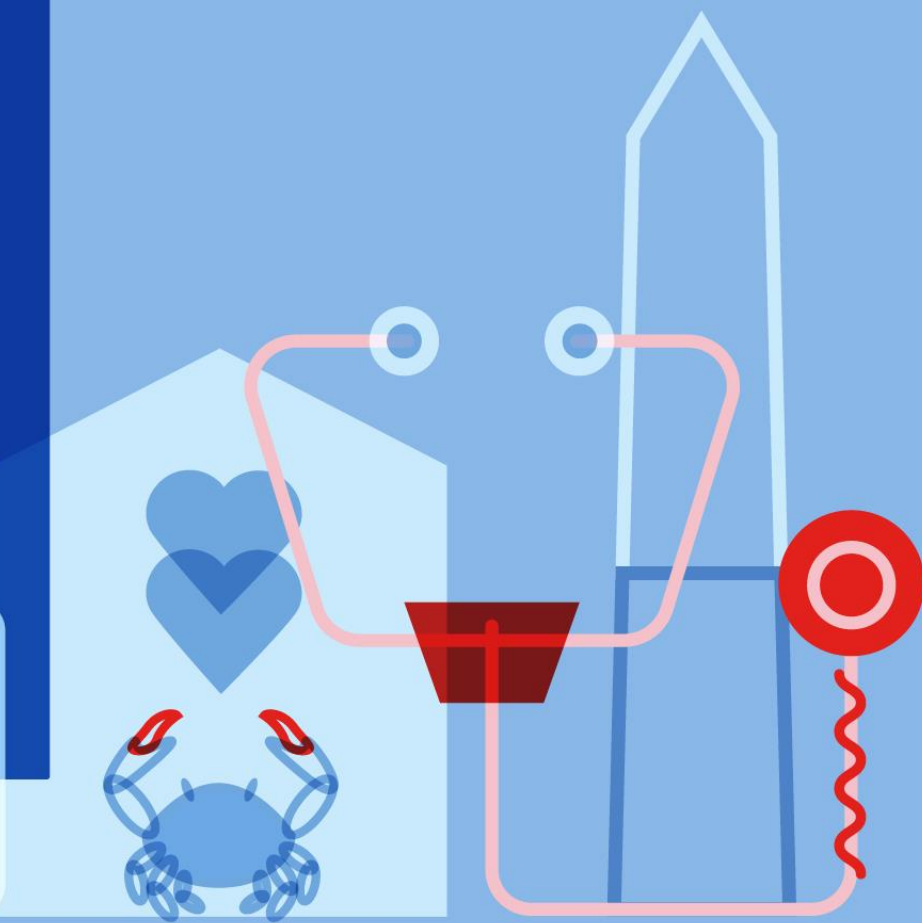
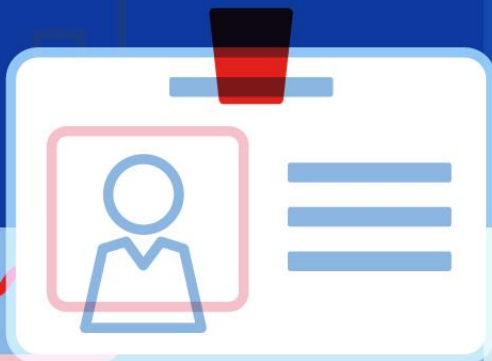
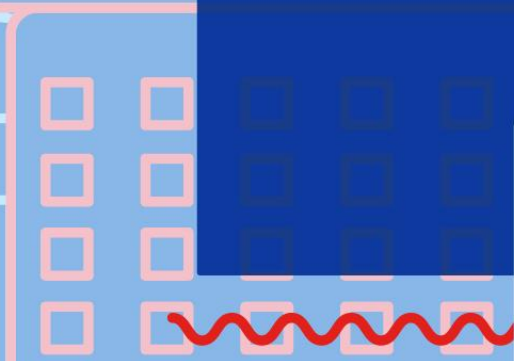
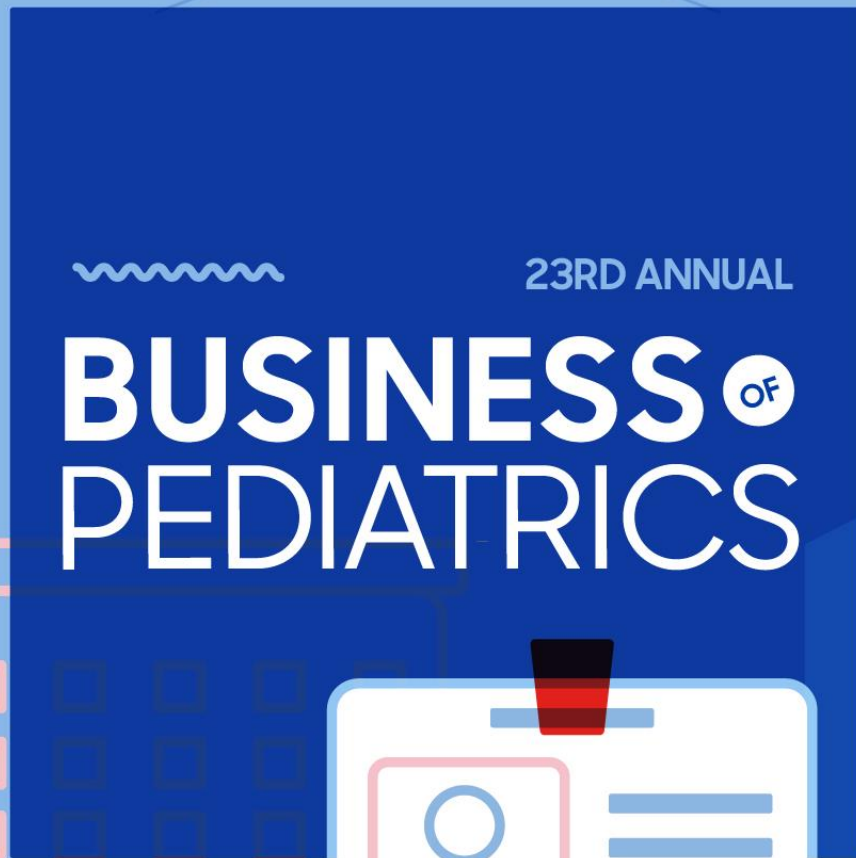
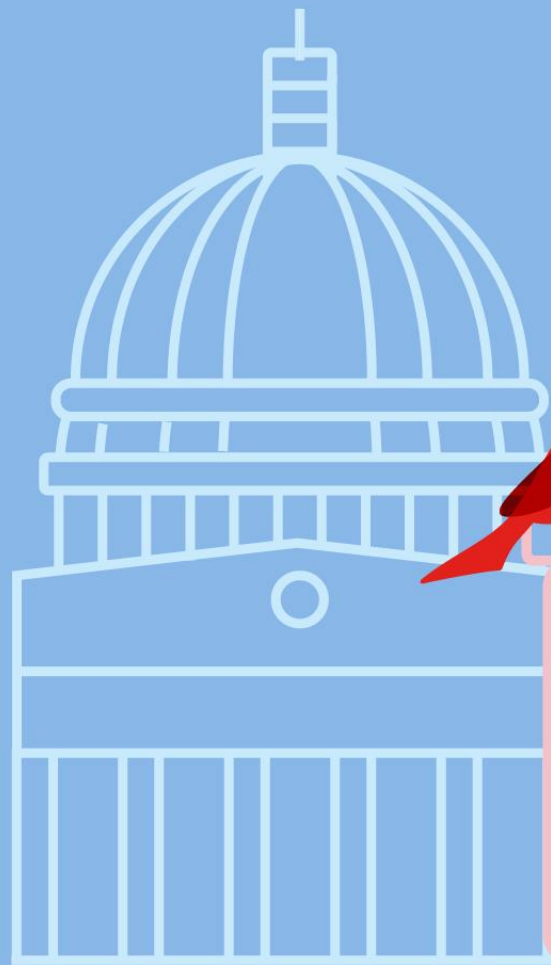


Jen Piela has worked in Wellness for over 20 years. As a Yoga and Meditation teacher, she combines her work as a Wellness Coach to focus on Stress Management with simple and accessible techniques and practices.

Her business, Dalai Mama Wellness, delivers Prenatal, Post-natal and Mommy & Me Yoga Classes, as well as Meditation and Stress Management Courses. She has continued to expand services with Mindfulness, and Well-being programs geared toward parents and children, alike. The impact that comes from encouraging others to identify and embrace their emotions, and implement mindfulness and breathing techniques, no matter how foreign the concept, is what keeps the mission of Dalai Mama Wellness alive.



VIRTUAL 2020



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# Business of Pediatrics 2020 Meeting Sponsorship

There are no other external sources of funding.

Educational program content is determined by member needs assessments, feedback & board/planning committee.

Thank you for your participation and support.



# Business of Pediatrics 2020: Definitely not business as usual...





# CME Accreditation

The George Washington University School of Medicine and Health Sciences is accredited by the ACCME to provide continuing medical education for physicians.

- This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of The George Washington University School of Medicine and Health Sciences and Children's National Medical Center.

The George Washington University School of Medicine and Health Sciences designates this live **3.5** AMA Physician Recognition Award Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

<https://gwu.cloud-cme.com>

 Office of Continuing Education  
in the Health Professions

Welcome Mark Weissman, MD << Return to Main Site

Sign Out  
Contact Us

Live Activities  
Help

Scheduled Series

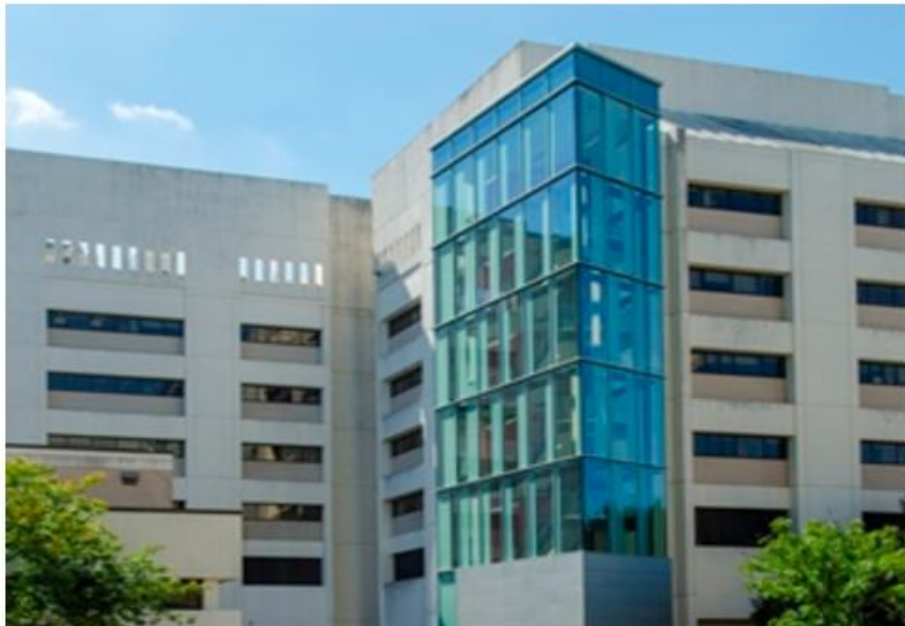
Online Activities

Learning From Teaching

My CME

Faculty





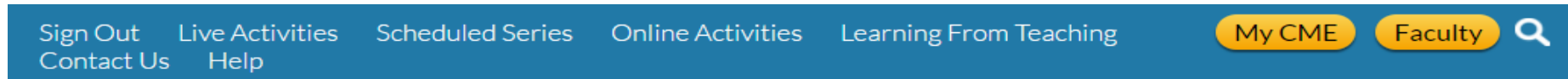
### A Message from the Associate Dean



Welcome to the George Washington University Office of Continuing Education in the Health Professions (CEHP)!

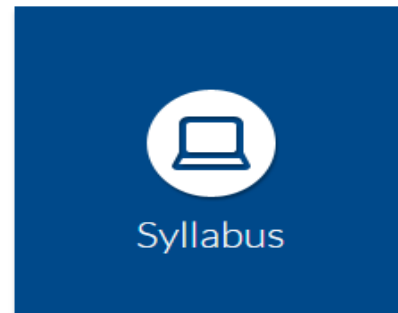
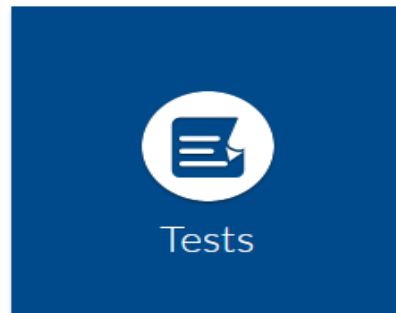
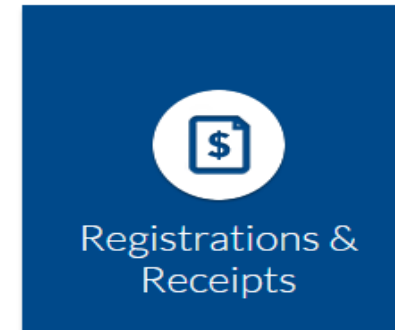
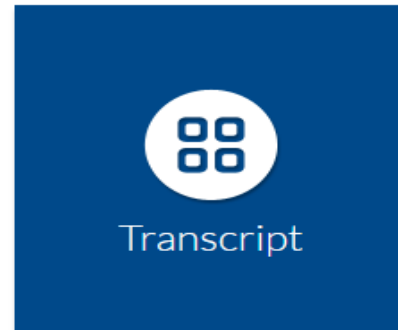
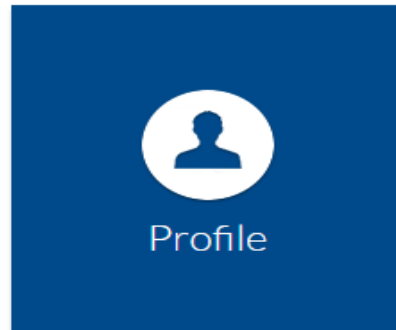
BUSINESS OF PEDIATRICS

# Click on “My CME” to access presentation slides and CME evaluation/credit



MyCME

Instructions: Click a button to proceed.



# Need help? Our staff can assist you.



**Donnita Pickett**

Program Coordinator, Pediatric Health Network

Children's National Hospital

[dpickett@childrensnational.org](mailto:dpickett@childrensnational.org)



## Legal Disclaimer:

### PHN is the sponsor- not the last word

- Pediatric Health Network sponsors our Business of Pediatrics for the education and benefit of our members & guests.
- Coding and practice guidance are provided by national and local experts- and do not reflect specific recommendations by Pediatric Health Network or Children's National Hospital.
- Always follow CMS & CPT coding guidelines.
- Know your payers. Track your claims & payments-- challenge appropriately.
- Share & learn from your colleagues.

# Notes About Today's Conference:

- All lines are muted throughout the presentation.
- Please use the **Q&A** box to ask questions or make comments.
- We will be recording each session.
- Today's recordings and materials will be posted to the PHN website following the presentation.

<https://pediatrichealthnetwork.org/>

# Reminders:

We appreciate your participation - do not hesitate to ask questions!

If we are unable to answer your questions due to time constraints, please email [phn@childrensnational.org](mailto:phn@childrensnational.org) and we will assist you.

There are 10 minute breaks at **9:50** and **10:50** this morning.

Take a break! Make sure you stand up, stretch and get any fuel your body needs at that time.

# Business of Pediatrics 2020: CME Learning Objectives

**At the conclusion of this educational activity, the participant should be able to:**

- Describe impact of COVID-19 pandemic on pediatric practices and detail strategies for successful practice response.
- Describe impact of evolving COVID-19 pandemic and shifting guidance for children, families, schools & community activities.
- Describe uptake of telemedicine in pediatric practice and develop a plan for continuing telemedicine post-pandemic.
- Describe and apply new 2021 CPT codes for E&M services in practice and describe implications for coding and contracting.
- Describe 2020 election results (to date) and potential implications on policies impacting children, families and pediatric health care & reimbursement.
- Describe and practice “wellness” strategies for pediatricians, practices and families.



# Business of Pediatrics 2020: Agenda Overview

TIME	SESSION
8:00-8:40	Self-care Isn't Selfish: Using Stress Management Techniques to Help You Perform at Your Best
8:40-8:50	Welcome & Introductions
8:50-9:00	AAP Chapter Updates
9:00-9:50	Ongoing Strategies and Priorities for Prognosis in COVID Times
9:50-10:00	<b>BREAK</b>
10:00-10:50	2021 E&M Coding Changes Part A & B
10:50-11:00	<b>BREAK</b>
11:00-11:30	Evolving Back-to-School Guidance for Pediatric Practices
11:30-12:00	The Future of Telemedicine in Pediatric Practice
12:00-12:30	2020 Election Impact

# Thank You to Our Presenters!



**Jen Piela-Timmons**



**Jan Blanchard, CPC, CPEDC, CPMA**



**Chip Hart**



**Nathaniel Beers, MD, MPA, FAAP**

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**Tonya Kinlow, MPA**



**Lee Beers, MD, FAAP**

# Thank You to Our Panelists!



**Ed Fox, MD**



**Tiffany Meyer, MD**



**Patricia Kapunan, MD, MPH**

# Thank You to Our Local AAP Chapter Leaders!



**Michael Martin, MD**  
**VA AAP**



**Rachel Dodge, MD**  
**MD AAP**



**Lenore Jarvis, MD**  
**DC AAP**



# Faculty Disclosures

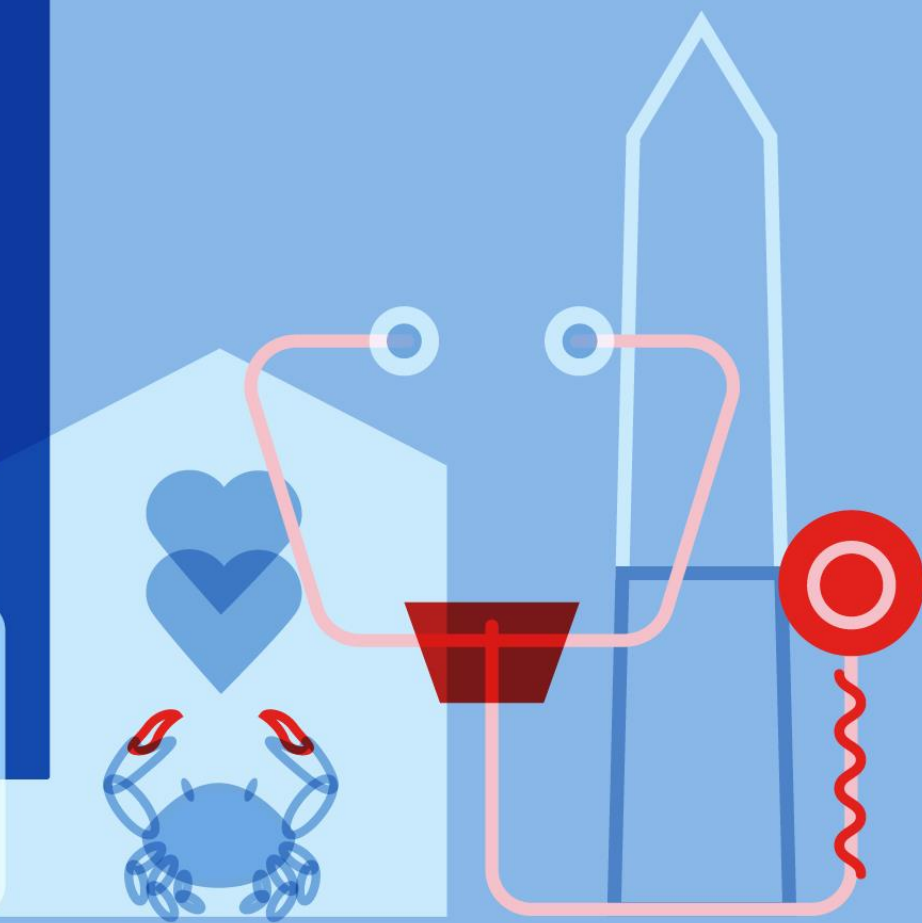
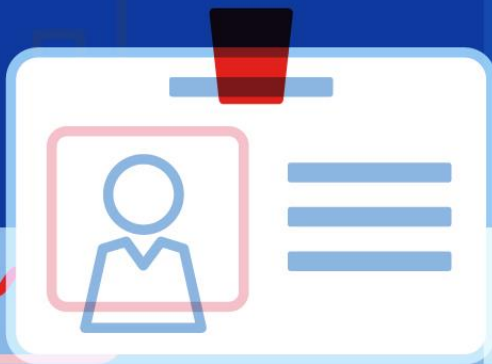
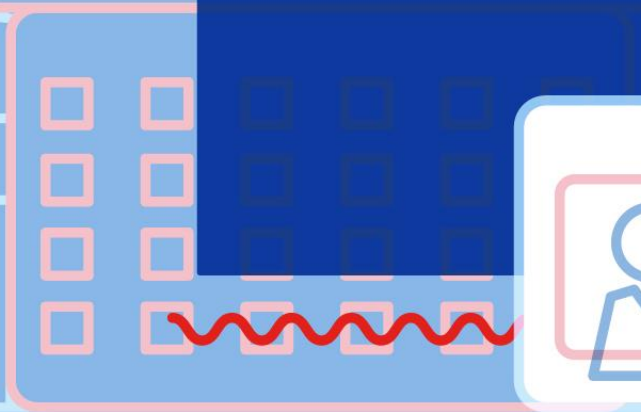
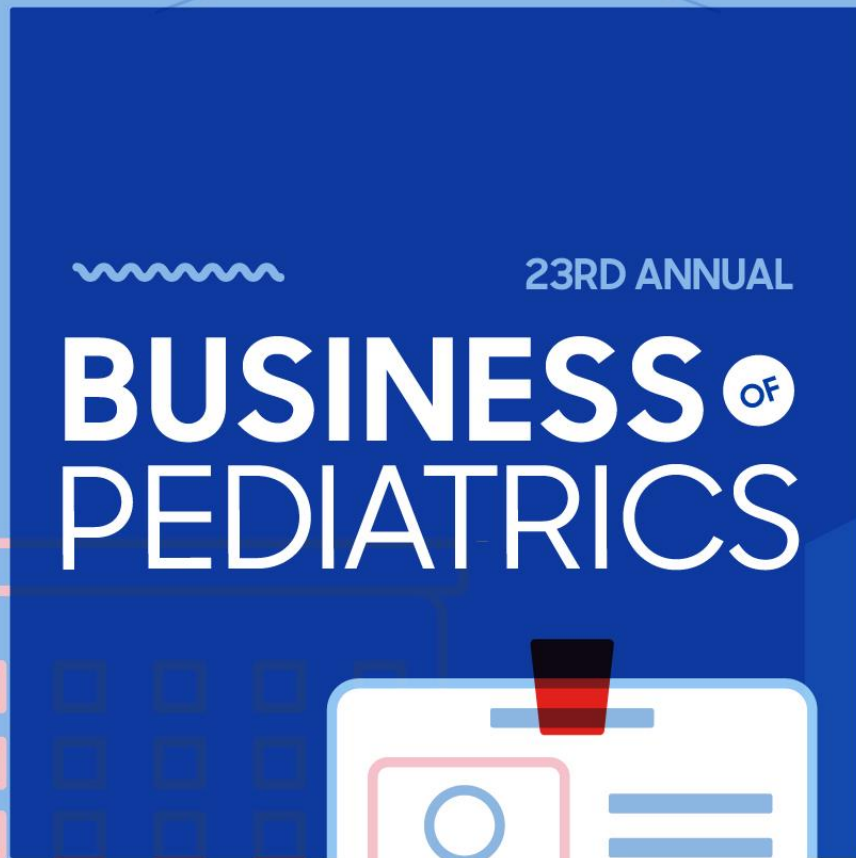
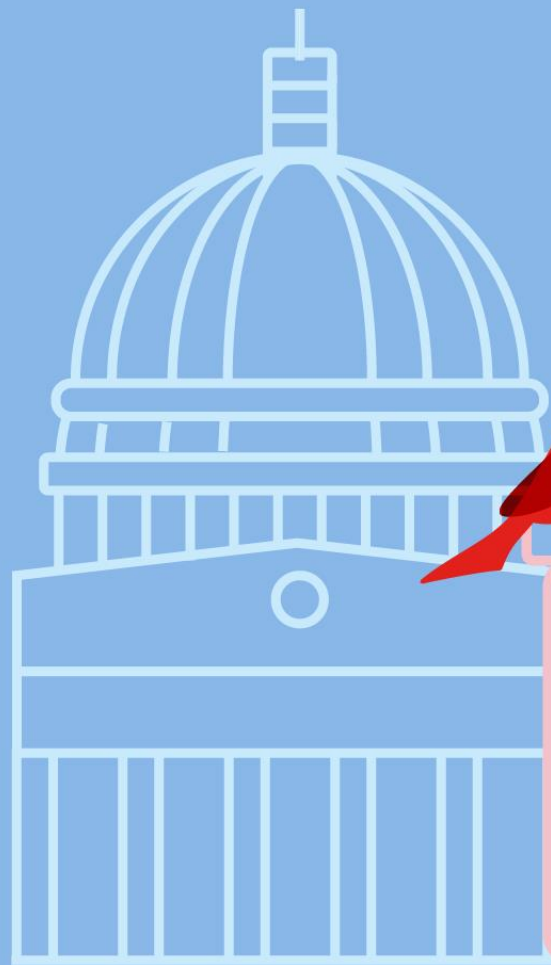
All presenters have signed disclosure statements indicating:

- No financial or business interest, arrangement or affiliation that could be perceived as a real or apparent conflict of interest in the subject (content) of their presentation.
- No unapproved or investigational use of any drugs, commercial products or devices.
- Presenters may discuss pharmaceuticals by brand name in context of relative expense & cost-effectiveness to provide practitioners & attendees information to deliver value-based care

Their presentations were reviewed and no conflicts of interest were identified. Presentations represent best practice and co-management recommendations that do not recommend specific products, brands or non-approved therapies.

Full faculty disclosures also on GWU CME website.

VIRTUAL 2020



# December 1 at Noon: COVID-19 PCP Town Hall

Children's National and the Pediatric Health Network will offer Virtual Town Hall COVID-19 meetings for primary care providers, hosted by Children's National specialists, on upcoming news, information on vaccinations and pediatric care impacted by the virus. The meetings will include real-time updates, presentations and Q&As.

**Key speaker:** Dr. Bud Wiedermann

**Agenda Items:** COVID-19 Situational Update & COVID-19 Vaccine

**Register today:** <https://childrensnational.org/covid-townhall>

# Thank You to Our PHN BOP Planning Team!



**Mark Weissman, MD**  
Executive Medical Director



**Terry Lindquist**  
Executive Director



**Donnita Pickett**  
Program Coordinator



**Shadawn Lloyd**  
Web Conference Specialist



**Taylor Vincent, MPH**  
Operations Lead



**Sarah Idso**  
Marketing Specialist



# **We hope to see you for Future of Pediatrics in June 2021!**

Today's recordings and materials will be posted to the PHN website shortly.

<https://pediatrichealthnetwork.org/>