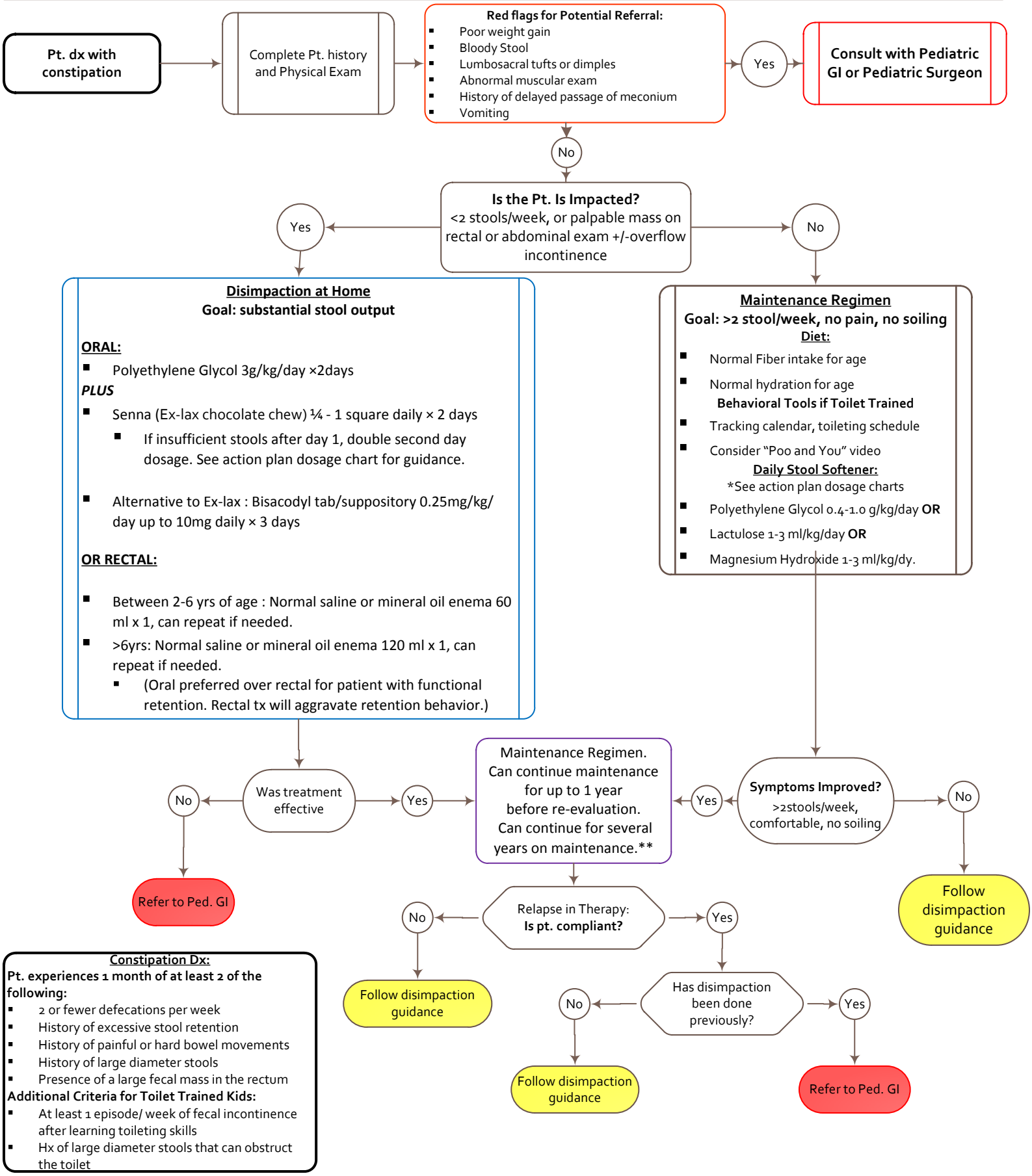
Pediatric Health Network

Constipation Algorithm Patients > 1 Years Old



Constipation Dx:

Pt. experiences 1 month of at least 2 of the following:

- 2 or fewer defecations per week
- History of excessive stool retention
- History of painful or hard bowel movements
- History of large diameter stools
- Presence of a large fecal mass in the rectum

Additional Criteria for Toilet Trained Kids:

- At least 1 episode/ week of fecal incontinence after learning toileting skills
- Hx of large diameter stools that can obstruct the toilet

**Avoid weaning during toilet training or stressful transitions. If functional withholding behavior, consider maintenance up until toilet training completed.

Updated: 12/13/19