

# Concussion Specialty Referral Guideline

Concussion/ Mild TBI

**Primary Care Evaluation:**  
ACE, Post-Concussion Symptom Inventory (PCSI)

**Management:**  
CDC Discharge Instructions, ACE Care Plan,  
Return to School Letter

## Criteria for Specialty Referral

- Complex injury (e.g., multiple blows within short period of time, injury with rotational / neck injury, high severity of signs and symptoms)
- Persistent overall symptoms (greater than 2 weeks) without improvement (< 20% symptom improvement)
- No change in neurocognitive performance or functioning
- Presence of risk factors (e.g., medical/ neurological, psychiatric, learning/ attention disorders) contributing to prolonged recovery
- Persistent cognitive dysfunction or school problems
- Intensive school program recommendation
- Significant emotional factors possibly interfering w recovery
- History of multiple concussions: assess risk/ vulnerability
- Confirm/ clearance for return to risk activities

Refer to Specialty clinic  
(e.g., SCORE clinic)