

Transition Policy Template

We Care for Kids is committed to helping all our patients make a smooth transition from pediatric to adult health care. This process requires working with you to plan and prepare your transition starting around your **16th** birthday. According to our policy, all patients are expected to transition from our practice to an adult primary care practice by age **21**.

By law, you are an adult at age 18. We will only discuss your health information with others if you agree. Some young adults choose to still involve their parents/caregivers or others in their health care choices. To allow your doctor to share information with them, consent is required. We have these forms at our practice. For young adults who have a condition that limits them from making health care choices, our office will share with parents/caregivers options for how to support decision-making. For young adults who are not able to consent, we will need a legal document that describes the person's decision-making needs.

We can provide you with resources as you take increasing responsibility for your own healthcare. We are also able to help you select an adult medical provider, to organize your medical records, and to support **all other aspects of transition planning** as part of preparation for a successful and well adult life.

This transition policy template was provided by the Parent Navigator Program which is partly funded by Maryland Department of Health - Office of Genetics and People with Special Health Care Needs