

FUTURE OF PEDIATRICS 2021

A VIRTUAL SUMMER SERIES
BI-WEEKLY: JUNE 15 - AUGUST 24

**Pediatric
Health
Network**
 Children's National.

SESSION 1

Tuesday, June 15, 12pm-1pm

12:00PM-12:30PM



CARING FOR EATING DISORDERS IN THE ERA OF COVID

Anisha Abraham, MD, MPH
Nomi Sherwin, MD

It has been a very hard year for disorders – the pandemic has seen increased frequency and severity of eating disorders leading to incredible resource shortages and treatment delays. Primary care doctors have been called upon to help care for very sick patients while they await availability of definitive eating disorder therapy. In this talk, we aim to help support YOU as primary care physicians in care for our adolescents with eating disorders by answering the questions we get asked most frequently. What are the common issues that teens struggle with related to body image, disordered eating, and eating disorders? What is expected in a medical visit for eating disorder surveillance? When should you reach out for further help? When should they be referred for admission? What strategies can be used to successfully manage an eating disorder patient as an outpatient if there is limited access to additional resources?

12:30PM-1:00PM



LOVE IN THE TIME OF CORONAVIRUS: NAVIGATING YOUTH SEXUAL HEALTH DURING A PANDEMIC

Patricia Kapunan, MD, MPH
Joseph Waters, MD

The COVID-19 pandemic presents unique challenges for youth sexual and reproductive health (SRH). Despite physical distancing requirements, many adolescents continue to engage in risk (continued)



behaviors with peers. Increased barriers to confidential and in-person SRH services, decreased screening for sexually transmitted infections (STIs), deferred preventive care, and a national shortage in STI testing supplies, potentially contribute to clinically significant treatment delays or missed care opportunities. This session provides updates on youth SRH including options for telehealth management, a review of updated CDC guidelines for STI management, and an overview of specialty services available at Children's National for community provider support and direct patient care.

SESSION 2

Tuesday, June 29, 12pm-1pm



12:00PM-12:30PM

CHILDREN'S NATIONAL HOSPITAL & COVID-19 UPDATE

Kurt Newman, MD

Bud Wiedermann, MD, MA

Join us to review changes at Children's National and up-to-date guidance and data on COVID-19.



12:30PM-1:00PM

FOOD INSECURITY 101: EFFECTIVE STRATEGIES TO SCREEN & INTERVENE

Kofi Essel, MD, MPH, FAAP

In 2015, the AAP developed its first policy statement on addressing food insecurity in pediatric clinical settings. In 2021 the AAP came together with a national anti-hunger organization called the Food Research & Action Center (FRAC) to develop a dynamic toolkit to support pediatric clinicians. This session will build on this evidence and provide practical evidence-based strategies to implement effective protocols to better identify and support families in and out of clinic struggling with food insecurity.



12:00PM-12:30PM



ATOPIC DERMATITIS: NEW TREATMENT RECOMMENDATIONS

Kaiane Habeshian, MD

Atopic dermatitis is the most common inflammatory skin disease in humans. Severe pediatric atopic dermatitis has an impact on quality of life similar to type 1 diabetes or epilepsy and requires aggressive treatment. This lecture will familiarize pediatricians with new medications that are FDA approved currently or in the pipeline for approval for pediatric atopic dermatitis. We will provide criteria to distinguish severe from mild to moderate atopic dermatitis. We will provide treatment recommendations for mild to moderate atopic dermatitis with the goal of retaining those patients in the PC office and focusing referrals on severe atopic dermatitis.

12:30PM-1:00PM



HEMANGIOMAS & PORT WINE STAIN

A Yasmine Kirkorian, MD

Update on diagnosis and treatment of infantile hemangiomas with a focus on telemedicine and triage during the COVID19 pandemic. We will review Clinical Practice Guidelines published in Pediatrics. We will distinguish hemangiomas from port wine stains and emphasize the importance of early referral of PWS for laser treatment.

12:00PM-12:30PM

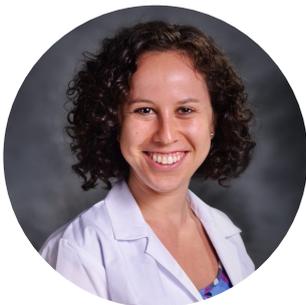


NAVIGATING A WORLD WITH ASTHMA PARENT ADVISORY PANEL

Candice Dawes, MD & Parent Panel

We will hear from patient families on challenges and barriers faced with managing their child's asthma as well as what has been effective and helpful in learning about and managing asthma. The panel will be comprised of 5 - 6 parents from patients followed by IMPACT and our member practices. This will be part of Advancing Asthma Care: a PHN Initiative, the fourth educational webinar.

12:30PM-1:00PM



LESS IS MORE: OPTIMAL DURATION OF ANTIBIOTIC THERAPY IN AMBULATORY PEDIATRICS

Ariella Slovin, MD

David Sullivan, MD

Rana Hamdy, MD, MPH, MSCE

Using the shortest effective duration of antibiotic therapy is an essential component of judicious antibiotic prescribing in the ambulatory care setting. In this presentation, we will review the evidence supporting the updated recommendations regarding duration of antibiotic therapy for commonly diagnosed pediatric conditions including community-acquired pneumonia (5 day-therapy for children >2 years of age) and simple cystitis (3 days). We will also review common conditions for which ZERO days of antibiotic therapy is warranted, such as otitis media with effusion.



12:00PM-12:30PM



PEDIATRIC CARDIAC SURGERY: PAST, PRESENT AND FUTURE

Yves d'Udekem, MD, PhD

We will hear from expert Dr. D'Udekem about the latest news regarding pediatric cardiac surgery.

12:30PM-1:00PM



OFFICE MANAGEMENT OF MINOR PROCEDURES & INJURIES

Jay Pershad, MD

Discuss tips and tricks for management of minor procedures and injuries in the office. These are opportunities to provide patient-centered care and avoid secondary referrals to the emergency dept or urgent care. Some of these conditions include - minor lacerations and wounds, radial head subluxation, torus fractures, uncomplicated toddler's fractures, ankle sprains, and removal of foreign bodies from ear and nose.

12:00PM-12:30PM

**YOU'VE DIAGNOSED CELIAC DISEASE - NOW WHAT?***Kate Raber**Lauren Pavone, RD**Joyana McMahon*

Several studies around the world have shown that celiac disease is underdiagnosed, especially in low-income communities. Even after diagnosis, there are several barriers to effective treatment and adherence to the gluten-free diet, including economic, social, educational, and access barriers. This talk aims to inform pediatric providers about a multidisciplinary approach to treating celiac disease. At the conclusion of this presentation providers will be able to: 1) recognize and screen patient with "atypical" presentations of celiac disease; 2) understand nutritional needs of celiac patients in various populations and 3) provide families with support and resources for accessing treatment (food).



12:30PM-1:00PM

CHRONIC PAIN MANAGEMENT DURING THE COVID-19 PANDEMIC*Laura Gray, PhD**Elisha Peterson, MD**Kelsey Borner, PhD*

Chronic pain, anxiety, and depression have been exacerbated during the COVID -19 pandemic. Our multi-disciplinary pain clinic has modified our approaches, treatment, and collaboration. Using telemedicine for behavioral medicine and pain medicine appointments, increased coordination with medical teams/PCPs/schools, and modifying lifestyle recommendations due to pandemic limitations. Further, treatment has increased focus on mental health support given wide-spread anxiety and depression. Additionally, we aim to discuss recommendations to support youth with return to school buildings and post-COVID activities.