**I Think my Child Needs a COVID Test - Where Should I Go?**

 We want to be available to treat your child and all our patients when you need us for both sick and well visits. When your child has no symptoms of COVID or very mild symptoms and needs testing, we recommend that your child’s COVID testing be performed at a community-based testing site, rather than in our office.

What’s a community-based testing site?

* A local pharmacy
* A local testing company
* A Department of Health (DOH) testing site

NOTE: We do not recommend going to the Emergency Room for testing unless your child is experiencing a medical emergency.

These sites provide safe and reliable testing. Age restrictions vary by site. DOH testing sites’ age restrictions vary by county. CVS tests children 18 months+. Walgreens tests children 3 yrs+. Urgent care facilities test children of all ages. For school age children, many schools are offering testing for students who develop symptoms at school. We encourage parents to opt in for testing.

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| --- | --- | --- |
| Symptoms | When To Test | Where to Test |
| No Symptoms & No Known Exposure (after travel or possible exposure) | 3-5 days after travel or possible exposure if vaccinated; 5 days if unvaccinated | Community-Based Testing |
| No Symptoms & No Known Exposure – need test for school or work | Timing as needed for school or work | Community-Based Testing |
| No Symptoms & Known Exposure to Person Who Tested Positive for COVID\* | 5 days after exposure | Community-Based Testing |
| Mild Symptoms (such as runny nose) That Don’t Concern You | As soon as possible (1-3 days) | Community-Based Testing |
| Symptoms That Do Concern You  | Within 1-2 days of symptoms starting | Contact us for Urgent Office Appointment or Referral to an Urgent Care Facility  |

\*Some school districts do not require testing for vaccinated students who were exposed and have no symptoms, but testing is advisable.

Suggested Community-based Testing Sites:

1-**DC COVID Testing Sites**:  <coronavirus.dc.gov/testing>

* Walk-Up/Drive-Up COVID-19 Testing Sites (PCR) – see website for daily list of test locations (eg firehouses, etc), M-F
* No appt needed but may preregister at <https://coronavirus.dc.gov/register>
* Free (asks for insurance info, but not required), open to non-DC residents
* Age 3+ years (swab by health workers)
* Receive results via email (and text if opt in)
* Results: 2-3 days on average

2-**Test Yourself DC**:  [coronavirus.dc.gov/testyourself](file:///C%3A%5CUsers%5Ckreese%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CINetCache%5CContent.Outlook%5CD6FBD70B%5Ccoronavirus.dc.gov%5Ctestyourself)

* COVID-19 At Home Testing Kit (PCR)
* Free (asks for insurance info, but not required)
* Ages 2+ years (parent swabs child)
* May pick up test kits from 27 locations around the city to keep at home and use when needed
* Drop off sites near select DC libraries *7 days a week*
* Receive results via email (and text if opt in)
* Results: 2-3 days on average

3-**Grubb’s Pharmacy**: [grubbspharmacy.com](https://www.grubbspharmacy.com/)

* 326 East Capitol pharmacy booth (Capitol Hill), M-F
* Schedule appt online for rapid antigen or PCR testing (request the test you need– usually PCR for clearance)
* Any age
* Pay $150 upfront for overnight PCR and receive a bill to submit to your insurance - may be covered in full by your insurance
* Results emailed to you within 24 hours (often less)

4- **CVS and Walgreens Pharmacies**: <https://www.cvs.com/minuteclinic/covid-19-testing> and <https://www.walgreens.com/findcare/covid19/testing>

* Schedule appt online for PCR testing (some locations also offer rapid testing)
* CVS: 18 month and older; Walgreens: 3 years and older
* Parent swabs child
* Results in 1-2 days for PCR test
* Cost is Free (through any insurance)

5-**Same Day Testing**: <sameday-testing.com>

* Schedule appt online for testing at clinic in Georgetown, Silver Spring, or at your home (housecalls to MD/DC/VA) for rapid antigen, rapid PCR, and RT-PCR (ask for RT-PCR which is most accurate)
* Any age (please confirm w company)
* Pay upfront $250 for rapid testing and receive a bill, which may be covered by your insurance; standard testing is free through insurance
* Results emailed to you in 12-36 hours

6-**COVID-19 Test (At-Home Kit) | Pixel by Labcorp:** https://www.pixel.labcorp.com/at-home-test-kits/covid-19-test-home-collection-kit

* Request PCR test kit online which is mailed to your home by FedEx same day; drop it back to FedEx
* Age 2+
* Free with insurance if you are sick or meet other guidelines; $119 if you just want to test or for travel
* Results in 1-2 days, online (tests are run 7 days a week)

7- **District Urgent Care**: <https://www.districturgentcare.com/coronavirus-testing>

* Schedule appt online for PCR testing
* 4903 Georgia Ave NW
* Age – do see children, call for details
* Free with accepted insurance or if uninsured, takes DC Medicaid (not MD/VA). Self pay $125.
* Results in 3-5 days via Quest or Labcorp

8-**Clinton Medical and Urgent Care**: <clintonmedicaluc.com>

* Clinton, MD
* Age – do see children, call for details
* Free with most commercial insurance (not most Medicaid)
* Offer rapid antigen or PCR within 24 hours

9-**ArcPoint Labs**: <https://www.arcpointlabs.com/washington-dc-spring-valley/covid-testing-options/>

* Testing in Spring Valley NW DC by appt – rapid PCR and RT-PCR, M-F
* Only for non-symptomatic patients
* Age – unclear
* Pay $190 (RT-PCR, results in 2 days) -$270 (rapid PCR, results in 1 hour), get bill to submit to insurance  (not guaranteed)

10- **Curative Mobile Van**: <Curative.com>

* Schedule appt at mobile van near you via website (PCR)
* Free (no co-pay; will ask for insurance info)
* **Any age** (parent must swab)
* Receive results by email
* Reported result time: as little as 1-2 days (often <24 hours)

11- **PM Pediatrics**: [PMPediatrics.com](pmpediatrics.com)

* Schedule in person or telemedicine appt at Columbia Heights (DC), Greenbelt or Rockville (MD), Springfield or Fairfax (VA), 7 d / week
* PCR or rapid antigen tests billed to insurance, with option for *up to $150 surcharge* to expedite PCR to same day result (may not be reimbursed) if test done by 1 pm
* Accepts many [insurances](https://pmpediatrics.com/patient-resources/insurance-information/), including some DC/MD/VA Medicaid plans

12-**Montgomery County DOH**: <https://www.montgomerycountymd.gov/covid19/testing.html>

* All Ages
* Free
* Check the website daily for testing sites and hours around the county
* Results in 2-3 days

13- **Prince George’s County DOH**: <https://www.princegeorgescountymd.gov/3472/COVID-19-Testing>

* Ages 10+ years
* Free
* Check the website for testing sites

14- **Fairfax County:** <https://www.fairfaxcounty.gov/health/sites/health/files/assets/documents/pdf/coronavirus/covid19_testing_fairfax.pdf>

* Variable
* Check the website for details