

# The Role of Schools in Suicide Prevention and Response: Opportunities for Collaboration

November 17, 2021 | Child Health Advocacy Institute & Pediatric Health Network

### **Housekeeping Reminders**



This session is being recorded and all attendees are encouraged to participate



If disconnected at any point, please re-join the event



Submit your questions through the Q&A feature



Share feedback on this event to schoolpartnerships@childrensnational.org



### Child Health Advocacy Institute

- Through leadership and collaboration, advances policy and system changes to advance health equity for all children
- Founded in 2007
- A team of pediatricians, lawyers, and public health and data experts
- The first hospital-based center in the country focused on developing outreach programs and championing policies that build healthier lives for children



Tonya Vidal Kinlow
Vice President, Community
Engagement, Advocacy &
Government Affairs
Child Health Advocacy Institute
Children's National Hospital



# AAP, AACAP, and CHA are urging policymakers to:

- Increase federal funding to ensure all families can access mental health services.
- Improve access to telemedicine.
- Support effective models of school-based mental health care.
- Accelerate integration of mental health care in primary care pediatrics.
- Strengthen efforts to reduce the risk of suicide in children and adolescents.
- Address ongoing challenges of the acute care needs of children and adolescents.
- Fully fund community-based systems of care that connect families to evidence-based interventions.
- Promote and pay for trauma-informed care services.
- Address workforce challenges and shortages so that children can access mental health services no matter where they live.
- Advance policies that ensure compliance with mental health parity laws.

https://www.childrenshospitals.org/Newsroom/Press-Releases/2021/National-Emergency-in-Childrens-Mental-Health [childrenshospitals.org]



# **Session Objectives**

Goal: Promote Partnership in Suicide Prevention and Response Between Schools and Medical Homes

# Objectives:

- What schools are doing to address suicide prevention with training for faculty and staff, and education and services for students.
- Resources in place to respond to a mental health crisis providing support to schools in the aftermath of a student suicide
- Opportunities for connection to care in the medical home and communication exchange between medical providers and schools



# **Today's Presenters**

#### Moderator:

Tia Marie Brumsted, MSW, LICSW, NCSSW
Deputy Assistant Superintendent
Office of the State Superintendent of
Education (OSSE) Health and Wellness Division

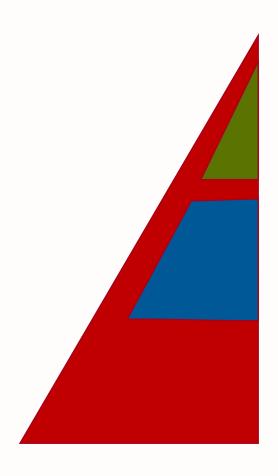


#### Panelists:

- Christina Conolly, Psy.D, NCSP, Director of Psychological Services, Montgomery County Public Schools
- Wendy Carria, Supervisor of School Psychology and Social Work for Arlington County Schools
- Claudia Price, LICSW, Project AWARE Program Coordinator, OSSE Health and Wellness Division
- Erica Barnes, MSW, Branch Chief, DC Department of Behavioral Health



# Behavioral/Mental Health Multi-tiered System of Supports (MTSS)



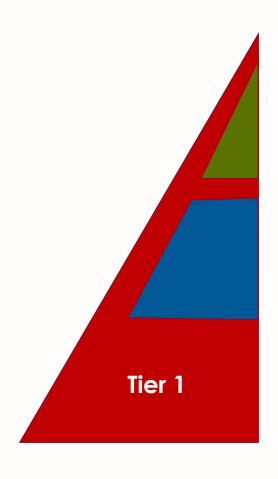
**Tier 3 (Individualized):** Direct services, advocacy, provider care coordination

**Tier 2 (Targeted):** Early interventions targeting changes in mood, thinking, and behaviors that may indicate a student is becoming unwell.

**Tier 1 (Universal):** School-wide approaches supporting mental health and social-emotional learning.



# Tier 1: Mental Health Promotion and Prevention Education

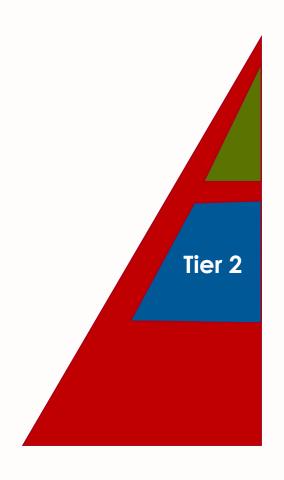


**Tier 1 (Universal):** School-wide approaches supporting mental health and social-emotional learning.

- Prevention Education: suicide, bullying, substance use, etc.
- Professional Development for teachers, administrators, and staff
- Response to school crisis
- Student health/mental health promotion through communications, campaigns, activities
- Promote staff wellbeing



### Tier 2: Targeted Interventions

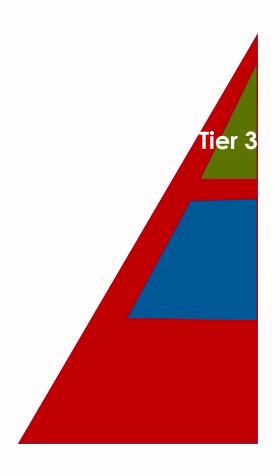


**Tier 2 (Targeted):** Early interventions targeting changes in mood, thinking, and behaviors that may indicate a student is becoming unwell.

- Early identification of problems via student support teams
- Early intervention promotes positive youth development



### Tier 3: Individualized Interventions



**Tier 3 (Individualized):** Direct services, advocacy, provider care coordination

- Response to individual student crisis including safe and supportive return to school
- Connections to care between school-based and medical providers
- Behavioral/mental health treatment during the school day
- School-Community partnerships to support needs at home and in the community



### **Panelists**



Christina Conolly, Psy.D, NCSP Director of Psychological Services, Montgomery County Public Schools



Wendy Carria
Supervisor of School
Psychology and Social Work
for Arlington County Schools



Claudia Price, LICSW
Project AWARE Program
Office of the State
Superintendent of Education



Erica Barnes, MSW
Branch Chief, DC
Department of Behavioral
Health



#### **Additional Resources**

# Returning to School Safe and Strong & PHN Mental Health Resources

PHN's Mental Health Resources for Providers and Patients
during COVID 19

Rise and Shine: What you need to know about teen suicide and "13 Reasons Why"

**Health & Social Resources Directory:** 

dchealthmattersconnect.org

AAP School Health Toolkit: <a href="https://aapdc.org/Schooltoolkit/">https://aapdc.org/Schooltoolkit/</a>



# Thank You!

