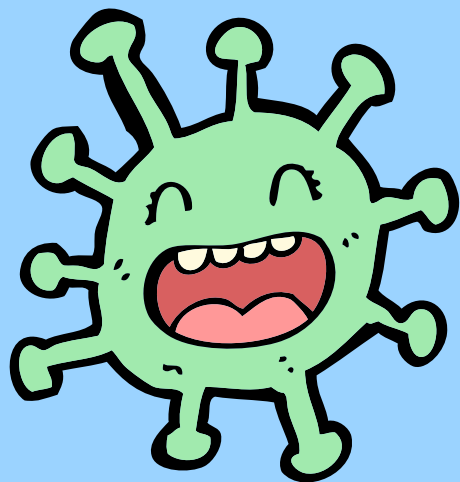


# DID YOU KNOW?

In the United States,  
Washington D.C. has the  
highest rates of the  
following STIs:

**HIV**  
**SYPHILIS**  
**GONORRHEA**



# NEED MORE INFORMATION?

visit the following:

[www.hiv.gov](http://www.hiv.gov)  
[www.cdc.gov/hiv](http://www.cdc.gov/hiv)  
[www.avert.org/sex-stis](http://www.avert.org/sex-stis)  
OR

Scan this code using your  
camera on your phone to get  
more information



Resources Cited:

[1] "Annual Epidemiology & Surveillance Report: Data through December 2018." Dchealth.dc.gov, 2019, [dchealth.dc.gov/sites/default/files/dc/sites/doh/publication/attachments/2019%20Annual%20Surveillance%20Report08192019.pdf](https://dchealth.dc.gov/sites/default/files/dc/sites/doh/publication/attachments/2019%20Annual%20Surveillance%20Report08192019.pdf).

[2] "Sexually Transmitted Infections (STI)." AVERT, 17 July 2019. Available at: [www.avert.org/sex-stis/sexually-transmitted-infections](http://www.avert.org/sex-stis/sexually-transmitted-infections).

[3] U.S. Department of Health & Human Services. What Are HIV and AIDS? Secretary's Minority AIDS Initiative Fund (SMAIF), 17 June 2019. Available at: <https://www.hiv.gov/hiv-basics/overview/about-hiv-and-aids/what-are-hiv-and-aids>.



# DO YOU KNOW YOUR STATUS?

## BE INFORMED & INCHARGE



# What are STIs?

Sexually transmitted infections (STIs) are infections that can be caught or passed on when you have unprotected sex or close sexual contact with another person who already has an STI(s).

Common STIs: Chlamydia, Gonorrhea, Trichomoniasis, Syphilis, Herpes, and HIV.

## How you can get STIs:

STIs can be passed through

oral, vaginal, and anal sex

or through sexual contact with body fluids:

- Pre-seminal fluid (Pre cum)
- Semen (Cum)
- Vaginal Fluid
- Rectal Fluid
- Blood



# 1 in 7 people with HIV don't know they have it.

HIV (Human Immunodeficiency Virus) is a virus that attacks cells that help the body fight infection, making a person more vulnerable to other infections and diseases. It can be spread by sharing or coming into contact with certain bodily fluids from a person who has HIV, most commonly during unprotected sex or through sharing needles and syringes for drug use.

## Prevent HIV with PrEP and PEP

**PrEP:** Pre-Exposure Prophylaxis is 1 pill, 1 time per day to prevent HIV

**PEP:** Post-Exposure Prophylaxis means taking medication after potential exposure to HIV through sex or through sharing needles or syringes. **PEP must be started within 72** hours after a recent possible exposure to HIV.

# TAKE CHARGE OF YOUR HEALTH

1. **Know the basic about STIs**
2. **Get connected to a healthcare professional.** This way you can make informed decisions about *your* sexual health.
3. **Get tested (and retested)** every three months for HIV and when STI symptoms arise
4. **Start the conversation with your partner(s)** about knowing HIV and STI statuses.

