# Coding for Obesity Care in 15 Minutes or Less

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Pediatric Health Network

## **Disclaimer**

The information presented is shared for the sole purpose of examining medical coding approaches and issues. Though every effort has been made to develop accurate materials, this guidance is informal and is not intended to be legal advice. Decisions relating to the management of your practice, coding your work, setting your fees, etc., should be made independently.

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# Coding vs. Billing

Coding: Guidelines, Manuals

Coders can help

Billing: Payers, Feds, States

Billers can help

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# **AAP Guidelines Clinical Practice Guideline for the Evaluation and Treatment of Children** and Adolescents With Obesity (link) FUTURE OF PEDIATRICS Pediatric Health Network Vignette #1: Well child+obesity (1 of 2) • Well Care (9938\_ / 9939\_) • Age appropriate screenings (Periodicity Schedule) • Labs: 36415, 99000 (In House lab: 80061 (82465-83718-84478) • Obesity (E66.\_), BMI (Z68.5\_\_), SDoH (Z55-Z65) • Next slide for E&M... FUTURE OF PEDIATRICS Pediatric Health Network

## Vignette #1: Well child+obesity (2 of 2)

Obesity managed, 9920X / 9921X w/complexity supported by documenting

- Chronic illness, exacerbation, side effects
- Caregiver history
- Labs ordered, reviewed for obesity
- Risk of treatment, diagnostics OR
- Time spent assessing, managing problems (midnight to midnight)

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# Vignette #2: well + controlled obesity • Well Care (9938\_ / 9939\_) • Age appropriate screenings (Periodicity Schedule) • Obesity (E66.\_), BMI (Z68.5\_\_), SDoH (Z55-Z65) No management, no E&M FUTURE OF PEDIATRICS Pediatric Health Network Vignette #3: Weight Management / **Follow Up: Provider** • E&M / IHBLT • Labs: 36415, 99000 (In House lab: 80061 (82465-83718-84478) Assessment tool eg Brenner FOT: 96160 Obesity (E66.\_), BMI (Z68.5\_\_), SDoH (Z55-Z65) FUTURE OF PEDIATRICS **Interventions - IHBLT** Intensive Health Behavior and Lifestyle Treatment **Operational Tips:** • Initial Treatment Visit o At least 45-60 minute visit. (time-based) 99204-99205, 99215 Schedule within 1 month of well visit • Ongoing Treatment Visit o At least 20-25 minute visit at least monthly 99213-99215 o If IHBLT is external, E&M every 3 months or at midway &

AAP: Obesity Treatment & Aproach i the Primary Care Office

comorbid conditions

conclusion of program unless patient is on medication or has

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# Vignette #3: Weight Management / Follow Up: Dietitian

"Health Behavior Assessment and Intervention"

96156, 96158, 96159, 96164, 96165, 96167, 96168, 96170, 96171

"...assessments and interventions to improve the patient's health and well-being utilizing psychological and/or psychosocial interventions designed to ameliorate specific disease-related problems."

American Medical Association. CPT Professional 2023 and E/M Companion 2023 Bundle (p. 825). American Medical Association. Kindle Edition.

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### Vignette #4: Obesity + ...

Obesity + headaches, or + pcos, or + hip pain Is it a LEVEL 4? Maybe...

- 1 or more chronic illnesses with exacerbation, progression, or side effects of treatment; or
- 2 or more stable chronic illnesses; or
- 1 undiagnosed new problem with uncertain prognosis; or
- 1 acute illness with systemic symptoms; or
- 1 acute complicated injury

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| Number & Complexity<br>of problems addressed   | Amount and/or Complexity of Data<br>Each unique out, order, or document contributes to a<br>conditionation of 2 or of 3 in Contempty 1 below.  | Fisk<br>of morbidity from additional<br>diagnosis teating or treatment   | Rnal Level assigned, based on<br>MDM or Total Time  |     |  |
| LEVEL 2<br>1 self-limited or minor problem   | LEVEL 2<br>Minimal or none   | LEVEL 2<br>Minimal rick  | TOTAL TIME<br>ON DOS:   |     |  |
| LEVEL 3  2) or may self-dinded or minor problems; av  3) sobis chronic liferact or  3) sobis chronic liferact or  4) sobis chronic liferact  6) sobis chronic liferact  6) sobis proposaded liferac  6) sobis proposaded liferact  7) sobis proposaded liferact  8) sobis proposaded liferact  8) sobis proposaded liferact  8) sobis proposaded liferact  8) sobis proposaded liferact  9) sobis proposaded | LEVEL 3 Con exergiony required<br>CATPOORT 1: Not 3 have the following:<br>Billionium of prime cottomal residual from each unique source.<br>Billionium of prime cottomal residual from each unique source.<br>Billionium of the residual set death willings tested.<br>CATPOORT 2:<br>Billionium of the requiring an independent holizonatory.<br>An independent interpretation and distribution of inorquencer or seat<br>inorquentium, seat on of 4 or 5.   | LEVEL 3<br>Law risk  | LEVEL 2 13-25 mins NEW 9522 10-19 mins EST: 9522 LEVEL 3 30-46 mins NEW 9523 30-26 mins EST: 9523   |     |  |
| LEVEL 6  If in river choice filesess with excitations, progression, or side effects of treatment are for in remember from the more fileses, set in remers table from tilesess, set if it in remember for the tilesess from the filesess of the | LINUIL Discussion of the control of the company required CITCOSP 1: Any 3-th order planning.  Il linears of pater external crisingly from each singles source.  Il linears of the resulting of the control of the contro | LEWEL 4 Moderate Nich 1 FAMMER SOAR  IF household only management.  If because the original process of the proc | LEVIL 4 45-59 mins NSW 59024 35-30 mins ETT 59024 LEVIL 5 60-34 mins NSW 59025 40-34 mins STT 99075 |     |  |
| LEVEL 5  If or more chonic finance with severe excerbedox, progression, or cells effect of examined or progression, or cells effect of examined or if the control of examined or if the control of examined or if the control of examined or in the co | LINELS — The categories required  CHTCOST 1 by 1 (how by filming)  If force of prime celemand remind from each indiges searce.  If force of prime celemand remind from each indiges searce.  If changing if and subplement independent ind | LENELS  (MANUALS ONLY  BY Ding the any applying mornion is mentioning for toxing).  B Decision regarding election ratios rugsing yield settled papers or protection register and protection register and toxing any applying any settled papers or protection register and toxing any settled papers or protection of the control | PCC   |     |  |

# Cobesity Diagnoses E66.01 Morbid (severe) obesity due to excess calories E66.09 Other obesity due to excess calories exogenous, nutritional E66.3 Overweight E66.8 Other obesity Pediatric Meditin Network Ry Manager Body Mass Index

- Higher than 95th percentile is obese
- Not perfect, but best available
  - BMI Calculator Child and Teen | Healthy
     Weight | CDC (link)

Harvard Health Blog(link)

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## **BMI Pediatric: 2-19 years**

Z68.5 Body mass index [BMI] pediatric

Z68.51 ..... less than 5th percentile for age

Z68.52 ..... 5th percentile to less than 85th percentile for age

Z68.53 ..... 85th percentile to less than 95th percentile for age

Z68.54 ..... greater than or equal to 95th percentile for age

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| Social Determinants of Health (SDoH)   |          |
| Good plan requires whole picture:  |          |
| Where does family live?  |          |
| Socioeconomic status?  |          |
| Beliefs, daily life, school, ethnic background,  |          |
| and community connections?   |          |
| Harvard Health Blog(link)  |          |
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| SDoH Diagnoses - Problems Related to:  |          |
| Z55 education and literacy   |          |
| Z56 employment and unemployment  |          |
| Z57 Occupational exposure to risk factors  |          |
| Z58 physical environment   |          |
| Z59 housing and economic circumstances   |          |
| Z60 social environment   |          |
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| SDoH Diagnoses - Problems Related to:  |          |
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| Z62 upbringing Z63 Other problems related to primary support   |          |
| group, including family circumstances  |          |
| Z64 certain psychosocial circumstances   |          |
| Z65 other psychosocial circumstances   |          |
| 200 other psychosocial circumstances   |          |
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# **Interventions** • Begin Eval & treatment at 2 yrs (was 6 yrs) • Adolescents: Weight-loss medication • Intensive lifestyle intervention o With severe obesity evaluate for metabolic or bariatric surgery FUTURE OF PEDIATRICS Pediatric Health Network **Obesity Procedures** BMI Calculator Child and Teen | Healthy Weight | CDC **G0447** Face-to-face behavioral counseling for obesity, 15 minutes <u>G0473</u> Face-to-face behavioral counseling for obesity, group (2-10), 30 minutes FUTURE OF PEDIATRICS Classes 99078 Physician or other qualified health care professional qualified by education, training, licensure/regulation (when applicable)

American Medical Association. CPT Professional 2023 and E/M Companion 2023 Bundle (p. 850). American Medical Association. Kindle Edition.

educational services rendered to patients in a group setting (eg, prenatal, obesity, or diabetic

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instructions)

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| Classes  |   |
| Classes  |   |
| <u>S9449</u> Weight management classes, non-physician provider, per session  |   |
| <u>\$9452</u> Nutrition classes, non-physician provider,   |   |
| per session  |   |
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| Nutrition Therapy  |   |
| 97802 Medical nutrition therapy; initial assessment and  |   |
| intervention, individual, face-to-face with the patient,<br>each 15 minutes  |   |
| 97803 re-assessment and intervention, individual,  |   |
| face-to-face with the patient, each 15 minutes   |   |
| 97804 group, (2 or more individual(s)), each 30 minutes  |   |
| American Medical Association. CPT Professional 2023 and E/M Companion 2023 Bundle (p. 843). American<br>Medical Association. Kindle Edition. |   |
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| Nutrition Therapy  |   |
| • •  |   |
| G0270 Medical nutrition therapy; reassessment and subsequent intervention(s) following second  |   |
| referral in same year for change in diagnosis,   |   |
| medical condition or treatment regimen (including additional hours needed for renal  |   |
| disease), individual, face to face with the patient, each 15 minutes   |   |

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## **Nutrition Therapy**

G0271 Medical nutrition therapy, reassessment and subsequent intervention(s) following second referral in same year for change in diagnosis, medical condition, or treatment regimen (including additional hours needed for renal disease), group (2 or more individuals), each 30 minutes

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## **Noncompliance - Patient**

Z91.11 Patient's noncompliance with dietary regimen

- Z91.110 ..... due to financial hardship
- Z91.118 ..... for other reason
- Z91.119 ..... due to unspecified reason

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## **Noncompliance - Caregiver**

Z91.A1 Caregiver's noncompliance with patient's dietary regimen

- Z91.A10 ..... due to financial hardship
- Z91.A18 ..... for other reason

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# What Questions Do You Have?

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# **Many Thanks!**

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