

PEDIATRIC PATIENT EDUCATION CORE LIBRARY (pages 1 to 4)

A comprehensive library of trusted health information for parents/patients covering birth through young adulthood from the American Academy of Pediatrics (AAP).

PEDIATRIC PATIENT EDUCATION HANDOUTS BY COLLECTION (pages 4 to 9)

Handouts by Collection features patient education from established AAP programs and publications.

- ADHD Toolkit Handouts
- Autism Spectrum Disorder Toolkit Handouts
- Bright Futures Well Child Visit Handouts
- Care of the Young Athlete
- Connected Kids: Safe, Strong, Secure
- **COVID-19 (page 6)**
- Extended Library
- Managing Behavioral Issues in Child Care and Schools
- Managing Chronic Health Needs in Child Care and Schools
- Managing Infectious Diseases in Child Care and Schools
- Pediatric Subspecialists
- Plain Language Pediatrics
- TIPP—The Injury Prevention Program
- Vaccine Information Statements (VIS)

PEDIATRIC PATIENT EDUCATION HANDOUTS BY LANGUAGE (page 9)

Select handouts in 12 languages.

SCHMITT PEDIATRIC CARE ADVICE (pages 10 to 18)

Handouts from telehealth pioneer Barton Schmitt, MD, FAAP.

PEDIATRIC PATIENT EDUCATION CORE LIBRARY

A comprehensive library of trusted health information for parents/patients covering birth through young adulthood from the American Academy of Pediatrics (AAP).

1. Acne: How to Treat and Control It*
2. Acute Ear Infections and Your Child*
3. ADHD—What is Attention-Deficit Hyperactivity Disorder?*
4. ADHD—What Are the Symptoms of Attention-Hyperactivity Disorder?*
5. ADHD—How Is Attention-Deficit Hyperactivity Disorder Diagnosed?*
6. ADHD—What Causes Attention-Deficit Hyperactivity Disorder and How Is It Treated?*
7. ADHD—What is Behavioral Therapy?*
8. ADHD—What Types of Medication Reduce Attention-Deficit Hyperactivity Disorder Symptoms?*
9. ADHD—What Are Common Questions about Attention-Deficit Hyperactivity Disorder Symptoms?*
10. Adoption: How to Talk With Your Child About Being Adopted
11. Air Bag Safety*
12. Alcohol and Your Child*
13. Allergies in Children*
14. Anaphylaxis*
15. Anemia in Children and Teens*
16. Anesthesia and Your Child: Information for Parents*
17. Anesthesia and Your Child: The Day of the Procedure*



18. Antibiotics Aren't Always Needed*
19. ASD—About Medications and Integrative, Complementary, and Alternative Medicine Treatments*
20. ASD—Communication, Social Skills, and Sensory Motor Interventions*
21. ASD—Developmental and Behavioral Interventions*
22. ASD—Effective Education Programs and Public Programs*
23. ASD—Family Support and Support in School*
24. ASD—How is the Diagnosis Made?*
25. ASD—Joint Attention Skills*
26. ASD—Teen and Adult Years*
27. ASD—What Are the Early Signs of Autism Spectrum Disorder?*
28. ASD—What Causes Autism Spectrum Disorder?*
29. ASD—What Is Autism Spectrum Disorder?*
30. Asthma and Your Child*
31. Baby Walkers: What You Need to Know*
32. Back to Sleep, Tummy to Play*
33. Bedwetting*
34. Beyond Screen Time: A Parent's Guide to Media Use*
35. Born Early (Preterm): At the Hospital
36. Born Early (Preterm): Health Concerns
37. Breastfeeding Your Baby: Getting Started*
38. Brief Resolved Unexplained Event: What Parents and Caregivers Need to Know*
39. Bronchiolitis and Your Young Child*
40. Building Strong Bones: Why Calcium Counts*
41. Car Safety Seat Checkup*
42. Car Safety Seats Guide*
43. Car Safety Seats Product Information*
44. Care of the Uncircumcised Penis*
45. Child Sexual Abuse*
46. Childproofing Your Home*
47. Children's Dental Health: What You Need to Know
48. Choking Prevention and First Aid*
49. Choosing a Pediatrician*
50. Choosing Quality Child Care*
51. Circumcision*
52. Clean Intermittent Catheterization for Boys*
53. Clean Intermittent Catheterization for Girls*
54. Cocaine*
55. Common Childhood Infections*
56. Complementary and Integrative Medicine: What Parents Need to Know
57. Constipation and Your Child*
58. Croup: When Your Child Needs Hospital Care*
59. Croup and Your Young Child*
60. Crying and Your Baby: How to Calm a Fussy or Colicky Baby*
61. Cyberbullying: What Parents Need to Know
62. Dangers of Secondhand Smoke*
63. Deciding to Wait*
64. Decorative Contact Lenses: What Teens and Parents Need to Know*
65. Diaper Rash*
66. Diarrhea and Your Child*
67. Discipline and Your Child*
68. Divorce and Children*
69. Eating Disorders: Anorexia and Bulimia*
70. Eczema (Atopic Dermatitis)*
71. Encourage Your Child to Be Physically Active*
72. Febrile Seizures*
73. Feeding Kids Right Isn't Always Easy: Tips for Preventing Food Hassles*
74. Fever and Your Child*
75. Fluoride Varnish Can Help Prevent Tooth Decay*
76. Food Allergies and Your Child*
77. For Today's Teens: A Message From Your Pediatrician*
78. Fun in the Sun: Keep Your Family Safe*
79. Gambling: Not a Safe Thrill*
80. Gastroenteritis: When Your Child Needs Hospital Care*
81. Get Fit, Stay Healthy*
82. Giving Medicine to Children: Important Safety Information*
83. Growing Up Healthy: Fat, Cholesterol, and More*
84. Headaches: What Teens Need to Know
85. Health Care for College Students*
86. Healthy Communication With Your Child*
87. Helping Your Child Cope With Death
88. Helping Your Child Cope With Life*

89. Hepatitis B Vaccine *
90. Hepatitis C*
91. Hip Dysplasia (Developmental Dysplasia of the Hip)*
92. Home Drug Testing *
93. Home Safety Checklist*
94. How to Prevent Shaken Baby Syndrome and Other Forms of Abusive Head Trauma*
95. How to Prevent Tooth Decay in Your Baby*
96. Imaging and Medical Radiation Safety*
97. Imaging Tests: A Look Inside Your Child's Body*
98. Immunizations*
99. Inhalants*
100. Inhaled and Intranasal Corticosteroids*
101. Insect Repellents: What Parents Need to Know*
102. Internet and Your Family, The*
103. Is Your Toddler Communicating With You?*
104. Jaundice and Your Newborn*
105. Keep Your Family Safe: Fire Safety and Burn Prevention at Home*
106. Know the Facts About HIV and AIDS*
107. Influenza (Flu): What You Need to Know*
108. Lactose Intolerance and Your Child*
109. Lead is a Poison*
110. Learning Disabilities*
111. Lyme Disease*
112. Making Healthy Decisions About Sex*
113. Marijuana*
114. Medicine and the Media: How to Make Sense of the Messages*
115. Meningococcal Disease: Information for Teens and College Students*
116. Message to Parents of Teen Drivers, A*
117. Middle Ear Fluid and Your Child*
118. Minor Head Injuries in Children*
119. More Fiber for Your Children? Yes! Here's Why and How.*
120. Newborn Hearing Screening and Your Baby*
121. Nursemaid's Elbow*
122. Parent-Teen Driving Agreement and a Message to Parents of Teen Drivers: Pediatrician Implementation Guide
123. Parent's Guide to Head Lice*
124. Parent's Guide to Teen Parties, A*
125. Parent's Guide to Toy Safety, A*
126. Parent's Guide to Water Safety, A*
127. Pelvic Exam, The*
128. Pinkeye and Your Child*
129. Playground Safety*
130. Pneumococcal Infections*
131. Pneumonia and Your Child*
132. Preparing Infant Formula: Important Safety Information*
133. Protect Your Child From Poison*
134. Protect Yourself and Help Protect Your Baby: Information for New Moms on the Tdap Vaccine*
135. Puberty: Ready or Not Expect Some Big Changes*
136. Ratings: Making Healthy Media Choices*
137. Raw Milk: What You Need to Know*
138. Respiratory Syncytial Virus (RSV)*
139. Responding to Children's Emotional Needs During Times of Crisis*
140. Right From the Start: ABCs of Good Nutrition*
141. Safe Sleep and Your Baby: How Parents Can Reduce the Risk of SIDS and Suffocation*
142. Safety of Blood Transfusions*
143. Should My Child Join a Clinical Trial?*
144. Single Parenting*
145. Sinusitis and Your Child*
146. Sleep Apnea and Your Child*
147. Sleep Problems in Children*
148. Sleep Problems in Children: Your Child's Sleep Diary*
149. Smokeless Tobacco*
150. Smoking and E-cigarettes: What Teens Need to Know
151. Smoking and E-cigarettes: What Parents Need to Know About the Risks of Tobacco Use*
152. Sports and Your Child*
153. Starting Solid Foods*
154. Steroids: Play Safe, Play Fair*
155. Students With Chronic Health Conditions: Guidance for Families, Schools, and Students*
156. Substance Abuse Prevention*

157. Talking With Your Teen About Sex*
158. Talking With Your Young Child About Sex*
159. Tattooing and Body Piercing*
160. Teen Suicide, Mood Disorder, and Depression*
161. Teething*
162. Temper Tantrums: A Normal Part of Growing Up*
163. Thumbs, Fingers, and Pacifiers*
164. Tips for Healthy Families: More and Less*
165. Tips for Parents of Adolescents*
166. Toilet Training*
167. Tonsils and the Adenoid*
168. Trampolines*
169. Treating Your Child's Pain: Medical Procedures*
170. Treating Your Child's Pain: Surgery*
171. Type 2 Diabetes: Tips for Healthy Living*
172. Urinary Tract Infections in Young Children*
173. What's To Eat? Healthy Foods for Hungry Children*
174. Your Baby's Head Shape: Information for Parents on Positional Skull Deformities*
175. Your Baby's First Steps*
176. Your Child and the Environment*
177. Your Child Has a Sore Throat: What's the Cause?*
178. Your Child's Eyes*
179. Your Child's Growth: Developmental Milestones*
180. Your Child's Mental Health: When To Seek Help and Where to Get Help*
181. Your Premie's Growth: Developmental Milestones
182. Your Family's Mental Health: 10 Ways to Improve Mood, Naturally*
183. Welcoming a New Sibling: How to Help Your Child Adjust

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Handouts by Collection features patient education from established AAP programs and publications.

- ADHD Toolkit Handouts
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- Bright Futures Well Child Visit Handouts

- Care of the Young Athlete
- Connected Kids: Safe, Strong, Secure
- COVID-19
- Extended Library
- Managing Behavioral Issues in Child Care and Schools
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ADHD TOOLKIT* (LISTED UNDER ALL HANDOUTS/ADHD)

1. ADHD Basic Facts: What Every Parent Should Know Before Starting a Child on Medication
2. Behavioral Intervention Resources for Parents
3. Homework Tips for Parents to Teens
4. Use of Psychostimulant Medication: Tips for Parents
5. Use of Psychostimulant Medication: Tips for Teens
6. Why Am I Having So Much Trouble With School?
7. Why Is My Child Having Trouble in School?

AUTISM SPECTRUM DISORDER TOOLKIT*

1. Answers About Complementary and Integrative Medicine
2. Behavior Challenges
3. Discussing the Diagnosis of Autism Spectrum Disorder With Your Child
4. Early Intervention Services
5. Financial Assistance
6. Gastrointestinal Problems
7. Inclusion in School
8. Intervention Approaches Used for Children With Autism Spectrum Disorder
9. Laboratory Tests
10. Nutrition and Eating Problems
11. School-Based Services
12. Seizures and Epilepsy
13. Sibling Support
14. Sleep Problems
15. Talking About Sexuality for Parents of Teens With Autism Spectrum Disorder
16. Teaching Social Skills

17. The Medical Home for Children With Autism Spectrum Disorder
18. Toilet Training
19. Vaccines
20. Visiting the Doctor
21. Wandering Off (Elopement)
22. Your Child and Medications

BRIGHT FUTURES WELL CHILD VISITS*

1. Parent Handout 2 to 5 day (First Week)
2. Parent Handout 1 Month
3. Parent Handout 2 Month
4. Parent Handout 4 Month
5. Parent Handout 6 Month
6. Parent Handout 9 Month
7. Parent Handout 12 Month
8. Parent Handout 15 Month
9. Parent Handout 18 Month
10. Parent Handout 2 Year
11. Parent Handout 2 ½ Year
12. Parent Handout 3 Year
13. Parent Handout 4 Year
14. Parent Handout 5 and 6 Year
15. Parent Handout 7 and 8 Year
16. Patient Handout 7 and 8 Year
17. Parent Handout 9 and 10 Year
18. Patient Handout 9 and 10 Year
19. Parent Handout Early Adolescent (11-14 years)
20. Patient Handout Early Adolescent (11-14 years)
21. Parent Handouts 15 and 17 Year
22. Patient Handout 15 to 17 Years
23. Patient Handout 18 to 21 Years

CARE OF THE YOUNG ATHLETE

Injury Prevention

1. ACL Injuries
2. Ankle Sprain Treatment
3. Burners and Stingers
4. Core Exercises
5. Little League Elbow
6. Osgood-Schlatter Disease
7. Patellofemoral Pain Syndrome
8. Sever's Disease
9. Shin Pain

10. Skin Conditions and Sports Participation
11. Sports-Related Concussions
12. Sports Medicine Professionals
13. Stress Fractures
14. Shoulder Impingement
15. Treatment of Sports Injuries
16. Use of Ice and Heat
17. Use of Medicines
18. When is an Athlete Ready to Return to Play?
19. When to See a Doctor

Sports

1. Ballet and Dance
2. Baseball and Softball
3. Basketball and Volleyball
4. Biking
5. Cheerleading
6. Diving
7. Figure Skating
8. Football
9. Golf
10. Gymnastics
11. Horseback Riding
12. Ice Hockey
13. Lacrosse
14. Martial Arts
15. Racquet Sports
16. Rowing
17. Running
18. Skateboarding and In-line Skating
19. Skiing and Snowboarding
20. Soccer
21. Swimming
22. Water Polo
23. Wrestling

Training Issues

1. Aerobic Training
2. Asthma and Exercise
3. Exercise-Related Heat Illness
4. Female Athlete Triad, The
5. How to Prevent Overuse Injuries
6. Is Your Child Ready for Sports?
7. Nutrition and Supplement Use
8. Performance-Enhancing Supplements
9. Physical Activity: Creating a FITT Plan

10. Physical Activity: Overcoming Obstacles
11. Safe Weight Loss and Weight Gain
12. Strength Training

CONNECTED KIDS: Safe, Strong, Secure

1. Bullying: It's Not OK
2. Connecting With Your Community
3. Everybody Gets Mad: Helping Your Child Cope With Conflict
4. Drug Abuse Prevention
5. Expect Respect: Healthy Relationships*
6. Friends Are Important: Tips for Parents
7. Growing Independence: Tips for Parents of Young Children
8. Help Stop Teenage Suicide
9. How Do Infants Learn?*
10. Next Stop Adulthood: Tips for Parents
11. Parenting Your Infant*
12. Playing is How Toddlers Learn*
13. Pulling The Plug On TV Violence*
14. Staying Cool When Things Heat Up
15. Talking With Your Teen: Tips for Parents
16. Teaching Good Behavior: Tips on How to Discipline*
17. Teen Dating Violence: Tips for Parents
18. Teen Suicide and Guns
19. Welcome to the World of Parenting
20. Young Children Learn a Lot When They Play*
21. Your Child is on the Move: Reduce the Risk of Gun Injury

COVID-19

1. 2019 Novel Coronavirus (COVID-19)*
2. Breastfeeding During COVID-19 Pandemic*
3. Cloth Face Coverings for Children During COVID-19
4. Co-Parenting Through COVID-19: Putting Your Children First*
5. COVID-19: Keep on Keeping Your Distance*
6. COVID-19: Caring For Children and Youth With Special Health Care Needs*
7. Getting Children and Teens Outside While Social Distancing for COVID-19*
8. Parenting in a Pandemic: Tips to Keep the Calm at Home*

9. Simple Ways to Entertain & Boost Your Baby's Development at Home*
10. Teens & COVID-19: Challenges and Opportunities During the Outbreak*
11. Tips for Coping with a New Baby During COVID-19*
12. Working and Learning from Home During the COVID-19 Outbreak*

EXTENDED LIBRARY

The Extended Library includes access to booklets and posters published by the AAP. It may also include publications developed in collaboration with other organizations.

1. Breastfeeding (booklet)*
2. Family Media Use (poster)*
3. First Aid/Choking/CPR chart*
4. Healthy Active Living
 - Making the Most of the First 2 Years
 - Responsive Feeding
 - Stick With Breastfeeding
 - Tips for Feeding Picky Eaters
 - Tips for Introducing Solid Foods
5. How to Measure Liquid Medicine for Your Child (poster)*
6. Zika Virus: Pediatrician Advice for Families (infographic)

MANAGING BEHAVIORAL ISSUES IN CHILD CARE AND SCHOOLS

1. Adoption, Foster Care, and Nonparental Care
2. Aggression
3. Attention-Deficit/Hyperactivity Disorder
4. Autism Spectrum Disorder
5. Biting
6. Child Abuse
7. Consistent Crying
8. Depression
9. Developmental Delays
10. Difficulties with Sharing Objects
11. Difficulty Participating in Group Activities
12. Disruptive Behavioral Disorders
13. Fear and Anxiety
14. Gender Development and Diversity

15. Hyperactivity
16. Napping Difficulties
17. Obsessive-Compulsive Disorder
18. Physical Altercations
19. Posttraumatic Stress Disorder
20. Responding to Tantrums
21. Selective Mutism
22. Self-stimulation
23. Separation Anxiety
24. Sleep Disorders
25. Violence

MANAGING CHRONIC HEALTH NEEDS IN CHILD CARE AND SCHOOLS

1. Achondroplasia (Short Stature Conditions)
2. Allergic Skin Conditions
3. Allergies: An Overview
4. Altered Immunity: An Overview
5. Anaphylaxis
6. Asthma
7. Attention-Deficit/Hyperactivity Disorder (ADHD)
8. Autism Spectrum Disorder
9. Bleeding Disorders: An Overview
10. Cancer
11. Celiac Disease (Gluten-Sensitive Enteropathy)
12. Cerebral Palsy
13. Childhood Obesity
14. Cleft Lip and Cleft Palate
15. Croup
16. Cystic Fibrosis
17. Developmental Delay
18. Diabetes
19. Diaper Rash
20. Down Syndrome
21. Eczema (Atopic Dermatitis)
22. Ehlers-Danlos Syndrome (EDS)
23. Fetal Alcohol Spectrum Disorder (FASD)
24. Food Allergies
25. Fragile X Syndrome
26. Gastroesophageal Reflux Disease (GERD)
27. Gastrostomy Tubes
28. Hearing Loss and Deafness
29. Heart Conditions, Functional

30. Heart Conditions: An Overview
31. Heart Defects, Structural
32. Hepatitis
33. Hip Problems (Developmental Dysplasia of the Hip, Legg-Calvé-Perthes Disease, and Slipped Capital Femoral Epiphysis [SCFE])
34. Human Immunodeficiency Virus (HIV)
35. Hydrocephalus and Shunts
36. Idiopathic Thrombocytopenic Purpura
37. Juvenile Idiopathic Arthritis (JIA)
38. Kidney/Urinary Problems
39. Marfan Syndrome
40. Mitochondrial Disorders
41. Muscular Dystrophy
42. Neonatal Abstinence Syndrome (NAS)
43. Neurofibromatosis (NF) and Tuberous Sclerosis Complex (TSC)
44. Prader-Willi Syndrome (PWS)
45. Premature Newborns (Preemies): An Overview
46. Seizures, Febrile
47. Seizures, Non-Febrile (Epilepsy)
48. Sickle Cell Disease
49. Special Diets and Inborn Errors of Metabolism
50. Spina Bifida
51. Spleen Problems
52. Tracheostomy
53. Traumatic Brain Injury (TBI) (Includes Concussion)
54. Turner Syndrome
55. Vesicostomy
56. Visual Impairments

MANAGING INFECTIOUS DISEASES IN CHILD CARE AND SCHOOLS

1. Bedbugs
2. Bites (Human and Animal)
3. Boil/Abscess/Cellulitis
4. Campylobacter
5. Chickenpox (Varicella-Zoster Infections)
6. Clostridium difficile (Also Called "C diff")
7. Croup
8. Cryptosporidiosis
9. Cytomegalovirus (CMV) Infection

10. Dental Caries (Early Childhood Caries, Tooth Decay, or Cavities)
11. Diaper Rash
12. Diarrhea
13. Diarrhea Caused by Specific Types of E coli (Escherichia coli)
14. Ear Infection
15. Fever
16. Fifth Disease (Human Parvovirus B19)
17. Giardiasis
18. Haemophilus influenzae Type b (Hib)
19. Hand-Foot-and-Mouth Disease
20. Hepatitis A Infection
21. Hepatitis B Infection
22. Herpes Simplex (Cold Sores)
23. HIV/AIDS
24. Impetigo
25. Influenza
26. Lice (Pediculosis Capitis)
27. Lyme Disease (and Other Tick-borne Diseases)
28. Measles
29. Meningitis
30. Molluscum Contagiosum
31. Mononucleosis
32. Mosquito-borne Diseases
33. Mouth Sores
34. Mumps
35. Norovirus
36. Pinkeye (Conjunctivitis)
37. Pinworms
38. Pneumonia
39. Respiratory Syncytial Virus (RSV)
40. Ringworm
41. Roseola (Human Herpesvirus 6 and 7)
42. Rotavirus
43. Rubella (German Measles)
44. Salmonella
45. Scabies
46. Shigella
47. Shingles (Herpes Zoster)
48. Staphylococcus aureus (Methicillin-Resistant [MRSA] and Methicillin-Sensitive [MSSA])
49. Strep Throat (Streptococcal Pharyngitis) and Scarlet Fever
50. Sty

51. Thrush (Candidiasis)
52. Tuberculosis (TB)
53. Upper Respiratory Infection (Common Cold)
54. Urinary Tract Infection
55. Vomiting
56. Warts (Human Papillomavirus)
57. Whooping Cough (Pertussis)

PEDIATRIC SUBSPECIALISTS

(What is a...)

1. Pediatric Subspecialists (overview)
2. Adolescent Health Specialist
3. Child Neurologist
4. Developmental-Behavioral Pediatrician
5. Neonatologist*
6. Pediatric Allergist/Immunologist*
7. Pediatric Anesthesiologist*
8. Pediatric Critical Care Specialist*
9. Pediatric Dentist
10. Pediatric Dermatologist*
11. Pediatric Emergency Physician*
12. Pediatric Endocrinologist*
13. Pediatric Gastroenterologist*
14. Pediatric Geneticist*
15. Pediatric Hematologist/Oncologist*
16. Pediatric Hospitalist*
17. Pediatric Infectious Diseases Specialist*
18. Pediatric/Neonatal Critical Care Transport Team
19. Pediatric Nephrologist*
20. Pediatric Neurosurgeon*
21. Pediatric Ophthalmologist*
22. Pediatric Orthopedic Surgeon*
23. Pediatric Otolaryngologist*
24. Pediatric Plastic Surgeon*
25. Pediatric Pulmonologist*
26. Pediatric Radiologist*
27. Pediatric Rheumatologist*
28. Pediatric Sports Medicine Specialist*
29. Pediatric Surgeon*
30. Pediatric Urologist*

PLAIN LANGUAGE PEDIATRICS*

1. Asthma
2. Asthma Triggers
3. Bedwetting
4. Choosing Over-the-Counter Medicines
5. Croup
6. How to Take Your Child's Temperature
7. Prescription Medicines and Your Child
8. Secondhand Smoke
9. Start Reading to Your Child Early
10. Temper Tantrums
11. Using Liquid Medicines
12. Using Over-the-Counter Medicines

5. Safe Bicycling Starts Early
6. Tips for Getting Your Children to Wear Bicycle Helmets

TIPP—THE INJURY PREVENTION PROGRAM

Safety Sheets

1. Birth to 6 Months*
2. 6 to 12 Months*
3. 1 to 2 Years*
4. 2 to 4 Years*
5. 5 Years*
6. 6 Years*
7. 8 Years*
8. 10 Years*

Safety Slips

1. Babysitting Reminders
2. Firearms Injury Prevention
3. Four Steps to Prepare Your Family for Disasters
4. Home Water Hazards for Young Children
5. Infant Furniture: Cribs
6. Lawn Mower Safety
7. Life Jackets and Life Preservers
8. Pool Safety for Children
9. Protect Your Child...Prevent Poisoning
10. Protect Your Home Against Fire...Planning Saves Lives
11. Safe Driving...A Parent's Responsibility
12. Safety Tips for Home Playground Equipment
13. Water Safety for Your School-aged Child
14. When Your Child Needs Emergency Medical Services

Bicycle Safety

1. About Bicycle Helmets
2. Bicycle Safety: Myths and Facts
3. Child as Passenger on an Adult's Bicycle, The
4. Choosing the Right Size Bicycle for Your Child

VACCINE INFORMATION STATEMENTS (VIS)

1. DTaP (Diphtheria, Tetanus, Pertussis) *
2. Hepatitis A*
3. Hepatitis B*
4. Hib (*Haemophilus influenzae* Type b)*
5. HPV (Human Papillomavirus) *
6. Influenza (Inactivated or Recombinant)*
7. Influenza (Live, Intranasal)*
8. Meningococcal ACWY*
9. Meningococcal B*
10. MMR (Measles, Mumps, Rubella)*
11. MMRV (Measles, Mumps, Rubella, Varicella)*
12. Pneumococcal Conjugate*
13. Pneumococcal Polysaccharide*
14. Polio*
15. Rotavirus*
16. Td (Tetanus, Diphtheria)*
17. Tdap (Tetanus, Diphtheria, & Pertussis)*
18. Varicella (Chickenpox) Vaccine*
19. Your Child's First Vaccines*

HANDOUTS BY LANGUAGE

Languages: Arabic, Bengali, Chinese [Mandarin], French, Haitian Creole, Hmong, Korean, Polish, Portuguese, Russian, Somali, and Vietnamese.

1. Children's Dental Health: What You Need to Know
2. Colds: What You Need to Know
3. Constipation and Your Child
4. Diarrhea and Your Child
5. Encourage Your Child to Be Physically Active
6. Fever and Your Child
7. Immunizations: What You Need to Know
8. Influenza (Flu): What You Need to Know
9. Respiratory Syncytial Virus (RSV)
10. Safe Sleep and Your Baby: How Parents Can Reduce the Risk of SIDS and Suffocation
11. Starting Solid Foods



Schmitt Pediatric Care Advice Index

Abdomen or Digestive Symptoms

Abdominal Pain - Stress Related

Abdominal Pain - Symptom

Anal Fissure

Anal Itching

Constipation - Bowel Cleanout for Stool Impaction

Constipation (Age 1-5)

Constipation (Age 6-21)

Constipation (Baby)

Diarrhea (Age 1-5)

Diarrhea (Age 6-21)

Diarrhea (Baby on Breastmilk)

Diarrhea (Baby on Formula)

Diarrhea on Antibiotics

Food Allergy

Food Poisoning

Hernia - Inguinal

Pinworm Seen

Stools - Unusual Color

Vomiting (Age 1-5)

Vomiting (Age 6-21)

Vomiting (Baby on Breastmilk)

Vomiting (Baby on Formula)

Arm or Leg Symptoms

Arm Injury

Arm Pain - Muscle Strain

Arm Pain - Symptom

Finger Injury

Growing Pains

Joint Hypermobility Syndrome (Normal Loose Joints)

Leg Injury

Leg Pain - Muscle Cramps

Leg Pain - Muscle Strain

Leg Pain - Symptom

Toe Injury

Toenail - Ingrown

Behavior Problems

Behavior Training - Consequences

Behavior Training - Rules and Discipline Basics

Biting

Hitting and Aggressive Behavior

Incentives for Motivating Children

School Avoidance

Sibling Rivalry Toward a Newborn

Siblings Arguing

Spoiled Children - Prevention

Stubborn Toddler

Temper Tantrums

Time-Out Technique

Whining and Pestering

Bites / Stings

Animal Bite

Bed Bug Bite

Bee or Yellow Jacket Sting

Fire Ant Sting

Human Bite

Insect Bite

Lyme Disease

Mosquito Bite

Spider Bite

Tick Bite

Chest or Breathing Symptoms

Asthma Attack

Breath-Holding Spell

Bronchiolitis (RSV)

Chest Pain - Sore Muscles

Chest Pain - Symptom

Coronavirus (COVID-19) - Diagnosed or Suspected

Coronavirus (COVID-19) Exposure - No Symptoms

Coronavirus (COVID-19) Prevention

Cough - Allergic

Cough - Symptom (Age 0-5)

Cough - Symptom (Age 6-21)

Cough - Viral (Age 0-5)

Cough - Viral (Age 6-21)

Coughs and Colds: Medicines or Home Remedies?

Croup

Heartburn

Influenza Exposure

Influenza Seasonal (Age 0-5)

Influenza Seasonal (Age 6-21)

Laryngitis - Allergic

Laryngitis - Viral

Pneumonia - Bacterial

Pneumonia - Viral

Ear Symptoms

Ear - Congestion

Ear - Swimmer's

Ear - Touching Habit (Normal)

Ear Canal - Itchy

Ear Fluid (Middle Ear Effusion)

Ear Infection - Bacterial

Ear Infection - Ruptured Eardrum

Ear Infection - Viral

Ear Infections - Prevention

Ear Injury

Ear Pierced (Healed) - Minor Infection

Ear Pierced (New) - Minor Infection

Ear Tube Surgery

Earache - From Air Travel

Earache - Symptom

Earwax Buildup

Eating Problems

Appetite Slump - Young Child

Baby Bottle Tooth Decay - Prevention

Overweight Older Child - Prevention and Treatment

Overweight Toddler - Preventing Over-Feeding and Over-Eating

Picky Eater

Solid Foods (Baby Foods)

Thin Body Type (Normal Slenderness)

Weaning From the Bottle - 12 Months or Older

Weaning From the Bottle - Before 12 Months

Weaning From the Breast - 12 Months or Older

Weaning From the Breast - Before 12 Months

Eye Symptoms

Chalazion (Lump on Eyelid)

Eye Allergy

Eye Foreign Body

Eye Infection - Bacterial

Eye Infection - Viral

Eye Injury

Eye Irritation

Eye Pink - Symptom

Sty

Fever Symptoms

Acetaminophen (Tylenol) Dosage Table

Fever - Facts Versus Myths

Fever - How to Take the Temperature

Fever (Age 0-5)

Fever (Age 6-21)

Heat Reactions

Ibuprofen (Advil, Motrin) Dosage Table

Genital or Urinary Symptoms

Foreskin Care Questions

Foreskin Infection

Labial Fusion

Penis - Contact Dermatitis

Urinary Tract Infection (UTI) (Female)

Urinary Tract Infection (UTI) (Male)

Urination Pain - Symptom (Female)

Urination Pain - Symptom (Male)

Vulvitis from Soap

Head or Brain Symptoms

Dizziness - From Dehydration

Dizziness - From Sudden or Prolonged Standing

Dizziness - Symptom

Hair Loss - From Hair Twisting Habit

Hair Loss - From Severe Stress

Hair Loss - From Tight Hair Style

Head Injury

Headache - Migraine

Headache - Muscle Tension

Headache - Symptom

Lice - Head

Motion Sickness

Miscellaneous - Other

Antibiotics - When Do They Help?

Emergency Symptoms Not to Miss

Vaccine Concerns - You're Undecided

Vaccine Reactions - Normal

Vaccine Reactions - Specific Details

Vaccines - Infections They Prevent

Mouth / Teeth / Throat Symptoms

Canker Sores

Cold Sores (Fever Blisters)

Drinking Fluids During Illness

Herpangina

Herpes Gingivostomatitis

Medication - Giving Liquid Medicine to Cooperative Child

Medication - Giving Pills to Cooperative Child

Medication - Refusal to Take

Mono (Infectious Mononucleosis)

Mouth Injury

Mouth Ulcers (Mouth Sores) - Symptom

Oral Allergy Syndrome

Perioral Food Rash

Sore Throat - Symptom

Strep Exposure

Teething

Throat Infection - Viral

Throat Infection - Strep

Tongue - Geographic

Tonsil Infection - Strep

Tonsil Infection - Viral

Tooth Injury

Toothache

Neck or Back Symptoms

Back Pain - Muscle Strain

Back Pain - Symptom

Neck Pain - Muscle Strain

Newborn or Infant Problems

Bottle-Feeding (Formula) Questions

Breastfeeding - Baby Questions

Breastfeeding - Milk and Feeding Questions

Breastfeeding - Mother's Breast Symptoms

Breastfeeding - Mother's Diet and Alcohol Use

Breastfeeding - Mother's Illness

Breastfeeding - Mother's Medicines and Smoking

Circumcision Problems

Colic (Crying Baby)

Cradle Cap

Diaper Rash

Jaundiced Newborn

Newborn - Flying and Mountain Travel

Newborn Appearance

Newborn Birthmarks

Newborn Illness - How To Recognize

Newborn Rashes

Newborn Reflexes and Behaviors

Pacifiers

Spitting Up (Normal Reflux)

Tear Duct - Blocked

Thrush

Umbilical Cord - Bleeding

Umbilical Cord - Cord Care

Umbilical Cord - Delayed Separation Past 3 Weeks

Umbilical Cord - Minor Infection of Cord or Navel

Umbilical Cord - Normal Navel Care After Cord Falls Off

Umbilical Granuloma

Umbilical Hernia

Nose Symptoms

Colds (Age 0-5)

Colds (Age 6-21)

Nasal Rinses Children and Teens

Nasal Suction

Nose Allergy (Hay Fever)

Nose Injury

Nosebleed

Sinus Infection - Bacterial

Sinus Infection - Viral

Sinus Pain or Congestion - Symptom

Skin - Localized Symptoms

Acne

Athlete's Foot

Blisters - Friction

Boil

Breast Buds

Bruises

Burns

Cellulitis

Contact Dermatitis - Allergic

Contact Dermatitis - Irritant

Cracked Skin (Feet)

Cracked Skin (Hands)

Cuts and Scrapes

Fingernail Infection - Bacterial

Fingernail Infection - Yeast

Frostbite

Granuloma Annulare

Hand-Foot-And-Mouth Disease

Heat Rash

Impetigo - Infected Sores

Jock Itch

Keratosis Pilaris

Lymph Node - Normal

Lymph Node Infection - Bacterial

Lymph Node Infection - Viral

Molluscum Contagiosum

Pityriasis Alba

Poison Ivy - Oak - Sumac

Puncture Wound

Rash Localized - Cause Unknown

Ringworm of the Body

Ringworm of the Scalp

Shingles (Zoster)

Splinters (Slivers)

Suture Questions

Tinea Versicolor

Wart - Plantar

Warts

Wound Infection

Skin - Widespread Symptoms

Amoxicillin Rash

Chickenpox

Dry Skin

Eczema (Atopic Dermatitis)

Fifth Disease

Hives

Measles Vaccine Rash

Pityriasis Rosea

Rash Widespread - Cause Unknown

Roseola

Scabies

Scarlet Fever

Sunburn

Viral Rash

Sleep Problems

Sleep - Bedtime Resistance

Sleep - Confusional Arousals

Sleep - Early Morning Riser

Sleep - Nightmares

Sleep Problem from Feeding Until Asleep

Sleep Problem from Holding Until Asleep

Sleep Problems - Prevention

Sleep Talking

Sleep Terrors

Sleeping with Parents (Bed-Sharing) - How To End It

Sleeping with Parents (Bed-Sharing) - Pros and Cons

Sleepwalking

Toilet Training Problems

Bedwetting

Frequency-Urgency Syndrome

Toilet Readiness Training

Toilet Training - How to Start

Toilet Training Resistance - Constipation from Stool Holding

Toilet Training Resistance - Encopresis without Constipation