

Referrals and Resources Across the DMV

National & Educational Resources

- KidsMentalHealthInfo.com – <http://www.kidsmentalhealthinfo.com/> (a website for parents and caregivers by state)
- National Child Traumatic Stress Network – <http://www.nctsn.org/> (a website for professionals and parents)
- <http://cctasi.northwestern.edu/family/resources/>
- The Trauma Center – www.traumacenter.org
- <https://www.childwelfare.gov/topics/responding/trauma/caregivers/>
- Parenting After Trauma: Understanding Your Child's Needs. A Guide for Foster and Adoptive Parents (2016) – American Academy of Pediatrics & Dave Thomas Foundation for Adoption – PDF
- Parenting a Child Who Has Experienced Abuse or Neglect (2013) – Child Welfare Information Gateway – PDF
- Parenting a Child Who Has Experienced Trauma (2014) – Child Welfare Information Gateway – PDF
- Understanding the Effects of Maltreatment on Brain Development (2015) – Child Welfare Information Gateway – PDF
- The Toll of Childhood Trauma – Counseling Today (2014)

Virginia Resources

- Virginia Mental Health Access Program (VMAP) – Providers: 1-888-371-8627
- Trauma and Hope – 5417-C Backlick Rd., Springfield VA 22151 – 703-750-7852
- If you have an emergency, go to your nearest emergency room or call 911.
- Adult Protective Services: 1-800-784-2433
- Child Protective Services: 1-800-784-2433
- Virginia Family Violence and Sexual Assault Hotline: 1-800-838-8238
- CrisisLink: 703-527-4077
- Victim Assistance Network: 703-360-7273
- Women's Shelter: 703-435-4940
- Woodburn Mental Health Emergency Line: 703-573-5679
- Suicide: 1-800-SUICIDE
- Inova Mental Health and Addiction Services – Adult Admissions: 703-289-7560; Children & Adolescents: 703-218-8500

Maryland Resources

- Maryland BHIPP – 855-632-4477 – <https://mdbhipp.org/>

- Mays Family Therapy, LLC – 267-252-6653
- Basics Practice Group, LLC – 301-420-1972
- Diversified Lifestyles Services – 301-804-8279
- Families First in Maryland – Greenbelt – <https://www.ffcpmaryland.com/>
- Kids Mental Health Foundation – Maryland resources
- Maryland Family Resource Center – DC and MD Medicaid for DC and Prince George County residents – <http://www.mfrinonline.com>
- Maryland Coalition of Families – 8950 State Route 108, Suite 223, Columbia MD 21045 – 410-730-8267

Maryland Mental Health Referrals – Prince George’s County

- Affordable Behavioral Consultants – 1400 Mercantile Lane, Suite 206, Upper Marlboro MD 20744 – (301) 386-7722 – Closest Metro: Largo Town Center – <http://www.abccares.net/>
- Kennedy Krieger Institute – Main: (443) 923-9200; Toll-Free: (800) 873-3377; Referral Line: (443) 923-9400 option 1; Resource Finder: (800) 390-3372 – <http://www.kennedykrieger.org/>
- Alek's House (Lanham) – 4200 Forbes Blvd, Suite 104, Lanham MD 20706 – (301) 429-6100 – Closest Metro: New Carrollton
- Alek's House (Camp Springs) – 5835 Allentown Rd, Camp Springs MD 20746 – (301) 420-7772 – Closest Metro: Branch Ave
- The Parents Place of Maryland – 801 Cromwell Park Drive, Suite 103, Glen Burnie MD 21061 – 410-768-9100 – <http://ppmd.org/about-us/contact-us/>
- All That's Therapeutic – 6192 Oxon Hill Rd, Suite 311, Oxon Hill MD 20745 – (301) 567-0400 – Website: none
- Center for Healthy Families – University of Maryland School of Public Health, Bldg 255, Rm 1142, College Park MD 20742 – (301) 405-2273 – Closest Metro: College Park – <http://www.thecenterforhealthyfamilies.com/>
- Center for Therapeutic Concepts – 1300 Mercantile Lane, Suite 198, Largo MD 20774 – (301) 386-2991 – Closest Metro: Largo – <http://www.center4therapeuticconcepts.com/index.html>
- Family Matters of Greater Washington – 6196 Oxon Hill Rd, Suite 340, Oxon Hill MD 20745 – (301) 839-1960 – http://familymattersdc.org/index.php/what_we_do_matters/mental_health/
- Multicultural Counseling and Consulting Center, Inc. – 5010 Sunnyside Ave, Suite 201, Beltsville MD 20705 – (301) 474-0060 – www.mccccenter.com
- Joshua Sussal MD PA Psychiatric Clinic – 7474 Greenway Center Drive, Suite 730, Greenbelt MD 20770 – (301) 982-3437 – <https://www.sussalpsi.com/index.html>
- Children's Empowerment Group – 1300 Mercantile Lane, Suite 141-D, Largo MD 20774 – (301) 583-7798 – Clinic Contact: Catherine Graham (301-237-

0131) – Closest Metro: Largo Town Center –
<http://www.childrempowermentgroup.org/>

- S&S Wellness – Giana Davis – Ft. Washington – 301-918-5128
- Edifying Cognitive Solutions Group – Mr. Aziz Heard – Accokeek MD – 202-759-2650

Maryland Mental Health Referrals – Montgomery County

- Friends in Transition – 4915 Auburn Ave Suite 102, Bethesda MD 20814 – (301) 661-3481 – www.fit-counseling.com
- Jewish Social Services – The Ina Kay Building, 200 Wood Hill Road, Rockville MD 20850 – 301-838-4200 – www.jssa.org
- Maryland Family Resource – 903 Brightseat Road, Landover MD 20785 – (301) 333-2980

Maryland Mental Health Referrals – Howard County

- MPB Group – 5840 Banneker Rd, Ste 270, Columbia MD 21044 – (410) 730-2385 – www.mpbhealth.com
- Family Service Foundation Inc. – 5301 76th Avenue, Landover Hills MD 20784 – 301-459-2121 – <http://www.fsfinc.org>

District of Columbia (DC) Resources

- DC MAP – Mental Health Access in Pediatrics – <https://www.dcmmap.org/>
- Access HelpLine – 1-888-793-4357 – TTY 711 – 24 hours a day, 7 days a week – Can activate mobile crisis teams
- DC Health Check – Child and Adolescent Mental Health Resource Guide – <http://dchealthcheck.net/resources/healthcheck/mental-health-guide.html>

Please note: there may be changes, so please verify by calling providers.