

# HIV Pre-Exposure Prophylaxis (PrEP) Quick Reference



Children's National.

## 1 OFFER PrEP

- **Anyone asking for PrEP should be offered PrEP**
- Discuss PrEP with adolescent or adult patients who:
  - **Are sexually active with males or females**
    - Has a sexual partner with HIV
    - Has a history of bacterial STI in past 6 months
    - Is inconsistent with or does not use condoms
  - **Inject drugs** with injecting partner with HIV or are sharing injection equipment
  - Have a history of **non-occupational PEP with continued risk** or repeated PEP courses

### CONFIRM THE FOLLOWING:

- Interested in starting PrEP
- Negative HIV Ag/Ab within 1 week before starting
- No signs or symptoms of acute HIV
- Estimated CrCl  $\geq$  30 mL/min
- No contraindicated medications

## 2 BASELINE LABS



- **4th-generation HIV Ag/Ab test**
  - **Add HIV RNA PCR** if acute HIV concern: fever, sore throat, myalgias, abdominal pain, diarrhea, nausea, vomiting, headache
- Hepatitis B serology
- Hepatitis A & Hepatitis C antibody
- Creatinine to calculate creatinine clearance – **for oral PrEP only**
- Pregnancy test, if at risk for pregnancy
- Extragenital STI testing for syphilis, chlamydia, and gonorrhea based on routes of exposure



See **PrEP Labs and Visit Schedule Cheat Sheet** for more information frequency of PrEP administration and recommended labs and follow-up visit schedule.

## 3 DISCUSS PrEP OPTIONS

*Consider option(s) by exposure route – all options require weight  $\geq$  35 kg (77 lb)*

### ORAL

#### Truvada (FTC/TDF)

All persons at risk through sex or injection drug use.

#### Descovy (FTC/TAF)

At risk through sex. **Excludes receptive vaginal sex.**



### INJECTABLE

#### Apretude (CAB)

Intramuscular every 2 months. At risk through sex.

#### Yeztugo (LEN)

Subcutaneous every 6 months. At risk through sex.

## ? QUESTIONS OR REFERRALS

*Children's National Hospital's Confidential PrEP Services*



### REFERRALS / CONSULT / EDUCATION

[PrEPServicesSIS@childrensnational.org](mailto:PrEPServicesSIS@childrensnational.org)

#### Include with every referral:

- Patient name and MRN
- Best contact information
- Services requested
- Whether patient and/or guardian is aware of the referral



### CONFIDENTIAL PrEP HOTLINE

**202-476-7779**

- For providers, patients, and caregivers
- All calls are answered M-F, 9am-5pm with messages returned within 24 hours
- Any urgent calls should be directed to the SIS on-call provider